



ASPC Update

Spring 2014

2014 ASPC EUROPEAN FORUM PAPENDAL, NETHERLANDS

From September 22-24, High Performance Centers are invited to the European Forum 2014 in Papendal, the Netherlands. Papendal is a relatively young High Performance Center – the first full-time program, handball academy, started training at Papendal in 2005. Since then, Papendal has grown to over 300 full-time athletes. With 22 building projects over the last eight years, the amount of sport-related facilities increased tremendously. This major development makes Papendal a great host for the European Forum 2014.



GET READY FOR FORUM 2015!



The 2015 ASPC Forum will take place on the Star Island – Puerto Rico!

The capital of the Puerto Rico, San Juan, will be the host city for the week-long meetings that will be held at the Puerto Rico Convention District. Jaime Lamboy, forum host for Puerto Rico, has already completed most of the obligations laid out for the event: opening and closing receptions are planned, transportation is ready to go and the budget is set. The closing banquet will be held at the Bacardi Company.

Details for the 2015 Forum, including dates, topics & speakers for each conference, translation and the website will be finalized in the upcoming months.

We appreciate all the hard work Jaime and the rest of the organizing committee have put into planning the 2015 Puerto Rico Forum. Please plan to attend!



The Forum 2014 at Papendal provides not only a platform where Performance Centers can exchange knowledge and experiences, but this year's Forum also focuses on the implementation of cooperation between Centers, listening to each other's approach and working methods, and having interactive sessions with discussions and agreements.

Are you ready to take the cooperation with other Training Centers to the next level? Make sure you do not miss the European Forum 2014. More information and the link for registration is coming soon by email.

2014 ASPC AMERICAS FORUM BOGOTA, COLOMBIA

The Department of Sport, Recreation, Physical Activity and use of free time (COLDEPORTES) and the High Performance Center of Coldeportes will host the 2014 Americas Continental Forum from October 29 – November 1 at the High Performance Center in Bogotá, Colombia.

The main theme of the Forum will be 'Altitude Training.' The Forum will feature an environment for the exchange of knowledge and professional development to High Performance sport center leaders. Over the three days of the Forum, delegates will have the opportunity to learn from inspiring national and international speakers, as well as to share learnings and best practices amongst each other. Participants will include delegates and sport leaders from High Performance Training Centers, National Olympic Committees and Colombian Universities and representatives of many continental countries.



Keynote speakers will discuss topics related to training in altitude, shaping and management of High Performance Sport Centers, strengthening governance and leadership skills.

MESSAGE FROM ASPC PRESIDENT DALE HENWOOD

Leadership is critical to the development and advancement of performance sport. The effectiveness of our Centres/Institutes/Academies in pursuing international sport performance excellence is largely dependent on the character, passion and skill of its core leadership, which can be formal or informal, staff or volunteer. As a leader, it is your responsibility to keep your passion hot! Do whatever you have to do, read whatever you have to read, go wherever you have to go to stay fired up. One of the best ways to develop leadership is through participation in the ASPC Biennial Forum (next held in 2015 in Puerto Rico) and/or participation in a Continental Forum (as noted elsewhere in this newsletter).

In addition to the formal sharing of information and experiences, there is a tremendous opportunity to develop networking with people in the same business and experiencing/resolving the same problems or issues. We can do more together than we can achieve alone. We get better faster when we work together. There is opportunity to leverage learning, reach and impact as we connect with colleagues. The ASPC network already exists. I encourage you to be more intentional in using it - be it temporary or continuous, spontaneous or planned.

COMPONENTS OF A WORLD LEADING TRAINING CENTRE

As a follow-up to the materials presented at the Forum in Rio, the ASPC (represented by Josep Escoda and Dale Henwood) was invited by Dr. Othon Diaz Valenzuela to review the operations of the Centro Nacional de Desarrollo de Talentos Deportivos y Alto Rendimiento (www.cnar.gob.mx) from March 10-12.

“The National Center for Talent Development and High Performance Sports is a resort with sports and academic facilities with the aim of developing high performance athletes to improve athletic performance of Mexico in international competition.”



The Centre is under the direction of Hilda del Consuelo Becerra Moreno. Hilda and her staff first completed the self-assessment tool as developed by the ASPC. There was a series of very detailed and comprehensive presentations by CNAR staff and tours of the various facilities along with interactions with coaches and staff. Recommendations for improvements were suggested. Based on the first time use of the self-assessment tool and the feedback received, we will continue to refine the instrument and develop better criteria and descriptions for the various categories. A press conference on the last day of the visit allowed us to show the ASPC to the whole of Mexico, and it was posted on the internet the same day. Watch here: <http://www.youtube.com/watch?v=woEabL-U594&sns=em>

2013-2015 COMMITTEES

Feel free to reach out to the committee chairs and/or members with questions or ideas.

Membership Committee	Committee Chair: Toby Sutcliffe - toby.sutcliffe@hpc.co.za <i>Additional Committee Members: Alicia McConnell, Carlos Villegas, Morgan Jacquemin</i>
2015 Forum Committee	Committee Chair: Mike English - english.mike@live.com <i>Additional Committee Members: Debbie Low, Jaime Lamboy, Toby Sutcliffe, Jochem Schellens</i>
Rules/Regulations Committee	Committee Chair: Tracy Lamb - tracy.lamb@usoc.org <i>Additional Committee Members: Jaime Lamboy, Morgan Jacquemin</i>
Exchange Committee	Committee Chair: Alex Baumann - alex.baumann@hpsnz.nz <i>Additional Committee Members: Ken Bagnell, Toby Sutcliffe</i>
Communications Committee	Committee Chair: Tracy Lamb - tracy.lamb@usoc.org <i>Additional Committee Members: Josep Escoda</i>
Finance Committee	Committee Chair: Tracy Lamb - tracy.lamb@usoc.org <i>Additional Committee Members: Josep Escoda, Jorge Bichara</i>
Nomination Committee	Committee Chair: Debbie Low - dlow@csiontario.ca <i>Additional Committee Members: Mike English, Tapio Korjus</i>
Global Sports Partnerships Committee	Committee Chair: Tapio Korjus - tapio.korjus@kuortane.com <i>Additional Committee Members: Marcus Freire, Alex Baumann, Josep Escoda, Dale Henwood</i>
ASPC Database Committee	Committee Chair: Josep Escoda - jescoda@car.edu <i>Additional Committee Members: Harry Baehr, Toby Sutcliffe</i>

ASPC WEBSITE INFO

www.SportPerformanceCentres.com and www.ForumEliteSport.org

ASPC has a new website! Both www.ForumEliteSport.org and the new, more easily searched website www.SportPerformanceCentres.com will get you to the official site of the Association of Sport Performance Centers!

Update Your Site

Members are encouraged to keep information about your training center up-to-date on the ASPC website. Click on the following link to view your site: www.forumelitesport.org/list-of-centers. Contact Silvia Matesanz via email at silviam@car.edu to obtain a username and password so you can make changes to the content of your site.