



IAHPSTC Exchange Program – Feedback of the pilot project in Summer 2009

VI Forum on Elite Sport

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Background

- Two of the main principals of the IAHPSTC
 - Enhancing Staff Development:
- HPSTCs are committed to adding value to the training and development of their staff by providing opportunities for staff exchanges





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Background

- Two of the main principals of the IAHPSTC
 - Sharing Information and Knowledge:
 - As far as possible, the HPSTCs will share and exchange knowledge and experiences in relation to high performance sport. They will also make information available about their center through the website forum to enable facilities and services to be promoted to athletes and coaches across the world.





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Pilot project 2009- principals

- Meeting in Paris in Spring
 - ◆ Spain and the USOC
 - ◆ Finland and Spain
- Expert exchange program of sport science
- 2-3 weeks stays to study and to work in other country
- Important to collect information how it worked and how to improve it
- We knew that we had not a lot of time to plan, to make arrangements, to realize
- Sender pays travelling and receiver takes care of accomodation and meals - policy





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Spain – USA - plan

- Partners: USOC and CAR Sierra Nevada
- Spain -> USA: Head of Biomechanics from CAR Sierra Nevada stayed one week in Chula Vista and other week in Colorado
- Contact persons planned visit as well as possible
- Objective in the USA was to familiarize conditions and possibilities how to cooperate in the future
- Schedule very tight
- Other part (USA -> Spain) is still waiting its realization
 - ◆ Planning is going
 - ◆ One management area person goes to Spain





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Spain – USA - plan





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Finland – Spain - plan

■ Partners:

- ◆ HPC Vierumäki and HPC Vuokatti – Finland
- ◆ CAR Sierra Nevada - Spain

■ Finland -> Spain:

- ◆ One swimming coach/researcher from Vierumäki at Sierra Nevada for 10 days
 - ◆ Objective: Swimming biomechanics

■ Spain -> Finland:

- ◆ One biomechanists stayed for two weeks in Vuokatti and Vierumäki
 - ◆ Objective: Research and testing in skiing events and swimming and other sports





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Finland – Spain - plan



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Feedback – CAR Sierra Nevada

■ Finlandia:

- ◆ Many new ideas (cooperation / integration)
- ◆ Collaboration University – HPC
- ◆ Schedule very tight
- ◆ Positive win-win –example (Finland technology+winter, Spain resources +altitude+summer)





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Feedback – CAR Sierra Nevada

■ Chula Vista and Colorado:

- ◆ Need of previous planning and schedule (Athletes Commitments, Staff Agenda, Research possibilities..)
- ◆ Need of Coaches and Staff implication. (we don't copy, we share and apply on, depending of each centre needs).
- ◆ Allow the “Subject” to get involved within the centre activities as a new member of the staff.
- ◆ Try to arrange research projects or real cooperation activities in which the main favoured will be the athletes.
- ◆ If possible, try to send to 2 person from different departments to the same Centre.





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General Feedback

- Positive feedback generally
- Planning needs more time
- Good way to exchange the best practises
- Benefits now and later
- Helps you to know what you don't know
- Way to motivate your people and performance of center





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What to improve - possibilities

- Needs time
- No visit but stays
- Long-term planning beforehand if possible
 - ◆ Visits – planning – long-term projects
- Harmonization
- Also areas of management, maintenance, marketing etc.
- More than two countries together





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Thank you for your attention!



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