



ASPC XII INTERNATIONAL FORUM
ON ELITE SPORT
Hong Kong, China 2021



Enhancing Elite Sports – Asian Perspectives and Development

2nd Progress Report

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DATE

The date of the Forum is agreed to be postponed to

30 November - 3 December 2021

at the last Board Meeting on 8 July 2020

(29 November full-day and 30 November morning are for the ASPC meetings and activities)

Proposed schedule

28 November 2021 (Sunday), pre-Forum

- Arrival of ASPC Board Members
- Arrival of Bid Committee for XIII ASPC International Forum on Elite Sport 2023

29 November 2021 (Monday), pre-Forum

- ASPC Board Meetings
- Presentation of Bid Committee
- Visit to HKSI (For ASPC members)
- Round-table discussion (For ASPC members)
- ASIA Session
- Arrival of Forum Participants

30 November 2021 (Tuesday), Day 1

- Forum Registration
 - Continental/Committee Meetings
- General Assembly Part 1
<Lunch>
- Opening Reception
- Opening Ceremony
- ASPC Presidential Address
- Topic 1
<Tea Break>
- Topic 2
<Free Night>

1 December 2021 (Wednesday), Day 2

- Topic 3
<Tea Break>
- Topic 4
<Lunch>
- Guided Tour of HKSI
- Topic 5
<Tea Break>
- Topic 6
<Free Night>

2 December 2021 (Thursday), Day 3

- Topic 7
<Tea Break>
- Topic 8
<Lunch>
- Topic 9
<Tea Break>
- General Assembly Part 2 (New Member and Award)
- Closing Remarks
<Closing Dinner with a Cultural Sharing Event>

3 December 2021 (Friday), Day 4

- Departure or Touring in Hong Kong

Emergency replacement date: 3 - 7 January 2022 (Mon – Fri)

HOST ORGANISING COMMITTEE

Chairman

Dr. Raymond So, Director of Elite Training Science & Technology of the HKSI

Members

Prof. Takeshi Kukidome, Current ASPC Continental Vice President for Asia

Dr. Takahiro Waku. Chair of Association of Sports Institutes in Asia

Mr. Toh Boon Yi, Vice Chair of Association of Sports Institutes in Asia

Dr. Philip Graham-Smith Fbases, CSci, CSCS, Vice Chair of Association of Sports Institutes in Asia

One representative from Sports Science/Sports Medicine of the HKSI

Secretariat

Hong Kong Sports Institute

FORUM LOCATION

Hong Kong Sports Institute

The Forum will be held at the nine-storey Main Building of the Hong Kong Sports Institute (HKSI), its provides integrated facilities for hosting international conferences, including:

- A 400-seat lecture theatre equipped with simultaneous interpretation and audio visual equipment and WiFi service;
- Furnished meeting and activities rooms with flexible seating formats; and
- Restaurant and catering service.



The HKSI only takes five minutes to walk from the nearby Fo Tan MTR station to the Forum venue, or less than seven-minute ride from the neighbouring hotels.



Potential official hotel (4-star hotel) (5-min ride to HKSI)

HKSI Address:
Hong Kong Sports Institute, 25 Yuen Wo Road, Sha Tin, N.T., Hong Kong

Potential official hotel (4-star hotel) (6-min ride to HKSI)

APPROVED TOPICS AND FORMAT

Suggested Speakers to be advised and discussed by the ASPC Board

	Topics	Format
1.	Challenges in the Development of High Performance Training Centres in Asia	Opening keynote presentation
2.	Leadership: Soft Skills Implementations <ul style="list-style-type: none"> - Effective communication within HPSC - Professional development - Transformational coaching 	Workshops
3.	Sports Integrity and Safe Sport	Podium presentation (Content includes the elements and approach of sports integrity; and how Asia is dealing with maltreatment in sport and safe sport.
4.	Collaboration and Teamwork: <ul style="list-style-type: none"> - Relationship: Government – National Sports Association – HP Sports Centre – Coach - Collaborative support system of HPSC - Organisational effectiveness 	Short presentations in TED talk format, speakers from different parties, following with a panel discussion
5.	Major Games <ul style="list-style-type: none"> - Review on Tokyo 2020 Summer Olympic & Paralympic Games - Update on Beijing 2022 Winter Olympic & Paralympic Games <p>Collaboration with the Tokyo Organising Committee of the Olympic and Paralympic Games and the Beijing Organising Committee for the 2022 Olympic and Paralympic Winter Games</p>	Display panel at the opening reception area.
6.	Sports Technology <ul style="list-style-type: none"> - Big data analysis - Sensor and wearable technologies - Tracking and video technology 	Parallel sessions on different topics
7.	Athlete Development <ul style="list-style-type: none"> - IOC's Athlete365 Programme - Dual career development - Life skills training and personal development 	Cases sharing by IOC's Athlete Committee representative, athlete and HPC representative

8.	Gaming and E-sports: New Way to Implement	Case sharing
9.	Future and Opportunities of Performance Training Centres - The international future trend and successful CEO story sharing	Closing keynote presentation

MARKETING

Forum Website

The Forum website has been launched in mid-July 2020, the link address is <https://www.hksi.org.hk/aspc2021>, which is under the internet domain name of the HKSI.



Announcement

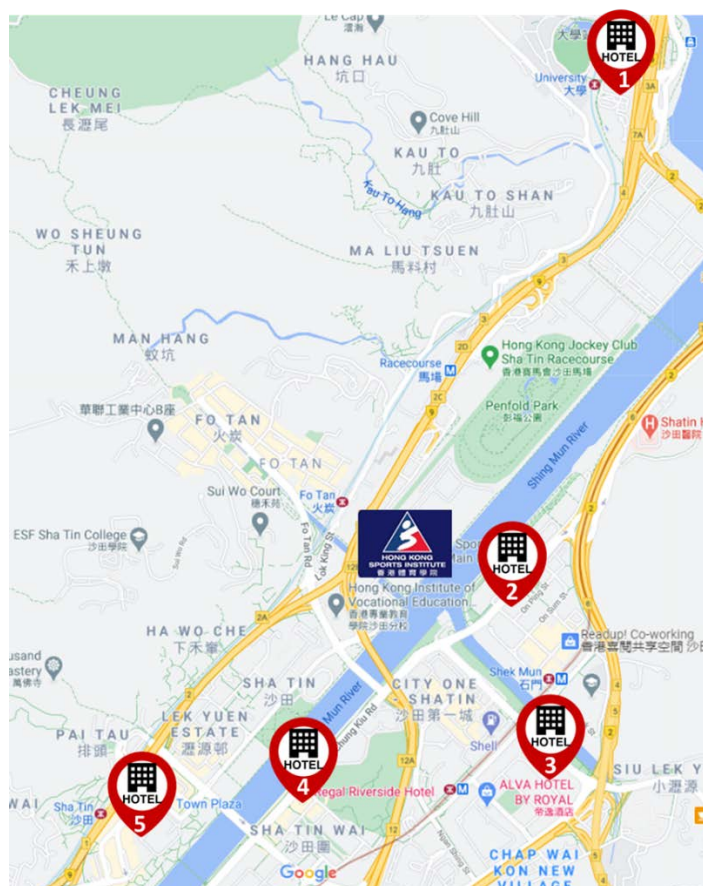
1st Forum announcement

Email of announcement had been sent on 20 July 2020. Reaching the members of ASPC, NOCs, delegates of the last ASPC Forum, members of the Association of Sports Institutes in Asia (ASIA) and HKSI's partner high performance training centres

2nd Announcement

Information such as **tentative programme, registration fee and methods** are planning to be included at the 2nd announcement, email is planning to be sent in the 1st quarter of 2021, after the programme and registration details are confirmed.

POTENTIAL OFFICIAL HOTEL



List of nearby hotel:

- 1) Hyatt Regency****
- 2) Courtyard by Marriott****
- 3) ALVA HOTEL BY ROYAL*****
- 4) Regal Riverside Hotel****
- 5) Royal Park Hotel****

		Star rating	Distance to HKSI	Within 30 mins walking distance	Arrival in 1 railway station	Price range pre night (In USD, tax included)	
						Standard Single	Standard Twin
1.	Hyatt Regency	4	3.6 km		✓	200-210	220-230
2.	Courtyard by Marriott	4	1.9 km	✓		140-150	150-160
3.	ALVA HOTEL BY ROYAL	5	2.3 km	✓		140-150	150-160
4.	Regal Riverside Hotel	4	1.8 km	✓		170-180	170-180
5.	Royal Park Hotel	4	2.3 km	✓	✓	140 -150	150-160

- All hotels are located within 15 mins ride to the HKSI.
- All price ranges are to be finalised by the hotels and the listed prices are for reference only.

Special requirements to the official hotel deal to the uncertain situation of COVID-19

- Free cancellation 2 month prior the 1st date of accommodation;
- Daily disinfection at all the public area inside the hotel; and
- Other suggestion from ASPC Board

LOGISTICS

Secretariat of the Forum

Sports Information and External Affairs Centre of the Hong Kong Sports Institute

Tel: +852 2681 6130

Fax: +852 2691 9263

Email: aspc2021@hksi.org.hk

Address: 25 Yuen Wo Road, Sha Tin, New Territories, Hong Kong

Registration

Participants can register to the forum via the HKSI e-registration system, payment can be settled online by credit card.

ACTION PLAN (*until 2nd quarter of 2021*)

Jun 2020	1 st Progress report to ASPC Board
July 2020	Launching of Forum Website
	1 st Forum announcement by email
Jan 2021	2 nd Progress report to ASPC Board
	50% hosting fee to HKSI for Year 1
1 st quarter of 2021	2 nd Forum announcement by email
	Commencement of forum registration
	Confirmation of official hotel (<i>postponed</i>)(<i>planned to be announced in April 2021</i>)
	Sponsor invitation
	Comments and advice on speaker list from ASPC (<i>postponed</i>)
2 nd quarter of 2021	Confirmation of sponsors
	Confirmation of speakers (<i>postponed</i>)

BUDGET

Based on 150 Delegates

	HK Dollars (1 EUR = 9.5 HKD)	US Dollars (1 USD=7.7 HKD) (1 USD=0.81 EUR)	Remark
Expenditure			
Opening Reception	12,000	1,600	
Closing Banquet with a Cultural Sharing Event	80,000	10,400	
Lunch and Coffee Breaks	102,000	13,300	
Local Transportation	31,600	4,100	
Webpage Development	20,000	2,600	Value in-kind borne by HKSI
Marketing (logo design and e-publication)	10,000	1,300	
<i>For Speakers</i>			
Accommodation	27,000	3,500	
Air Tickets	64,000	8,300	
Meals	34,000	4,500	
<i>Venue and Facilities</i>			
Venue Decoration	20,000	2,600	
Forum Venue & Wifi	288,000	37,400	Value in-kind borne by HKSI
Meetings Facilities	72,000	9,400	
Other Expenses	3,500	500	
Contingency	37,000	5,000	
Revenue			
ASPC Subsidy (6,000 EUR)	50,700	7,400	For 90 ASPC members' free registration
Early bird registration fee (for ASPC paid members only)	75,000	9,700	For 30 delegates x 2,500 HKD@
Standard registration fee	93,800	12,200	For 30 delegates x 3,125 HKD@
Sponsor	TBC	TBC	
Value in-kind borne by HKSI	380,000	49,400	
Balance (Rounded to nearest thousand)	(200,000)	(26,000)	

VISITING TOUR AROUND HONG KONG

Option I: Hong Kong Traditional Lifestyles Tour



Introduction:

Discover how traditional Eastern values live in harmony with the fast-paced Western influences of metropolitan Hong Kong on this tour of some of the city's most ardent daily traditions. And you can see just how surprisingly relaxing life in fast-paced Hong Kong can be by beginning the day with a slow-motion tai chi class along the Tsim Sha Tsui waterfront. Then, you'll visit Lantau Link View Point where, in addition to wonderful views of the Tsing Ma Bridge, you can learn about how feng shui (wind and water) have influenced Hong Kong's prosperity and vibrancy. The tour then wraps up at a local teahouse for a tea-making demo and etiquette session where you can sample Hong Kong's famous Kung Fu tea.

Tour Details

Itinerary: 1-hour tai chi lesson, feng shui appreciation at Lantau Link View Point, and a tea talk and demonstration at a local tea house.

Language: English

Duration: Approximately 4.5 hours in the morning

Estimated price: 60 USD per head

Remark: Itinerary and price to be confirmed by the service provider in mid 2021

Option II: New Territories Cultural Tour



Introduction:

Escape from busy Hong Kong Island and Kowloon Peninsula to the New Territories, a vast area with peaceful century-old villages, ancient temples and untouched fields. This retreat offers a glimpse of rural Hong Kong with its mountainous landscapes and beautiful greenery. A tour to a preserved historic village and temple will help you learn about the stories of rural Hong Kong.

Tour Details:

Itinerary: Coach transfer to Kat Hing Wai Walled Village, visit Lam Tsuen Wishing Tree, Hong Kong Railway Museum (the old Tai Po Railway Station) and Che Kung Temple, coach transfer back to hotel.

Language: English & Mandarin

Duration: Approximately 5 hours in the morning

Estimated price: 80 USD per head

Remark: Itinerary and price to be confirmed by the service provider in mid 2021