



# ASPC Update

Spring 2013

## MIKE'S MESSAGE

Fellow ASPC members,

In the business of High Performance Sport Training Centers, no other organization exists to help bring you the best practices from the world's top High Performance Centers other than the ASPC. During our annual Forum that will take place this August, we can all come together as leaders of these Centers to share our experience and stories to help make the training and preparation of our athletes and our team of professionals better. Today I ask you to register for one of the 110 slots available for our elite Forum. Please do not miss out. This Association exists because of the willingness of us all to improve ourselves and to share in the fellowship of Sport. Please help us make this Forum one of the best experiences. Visit your Association's web site and register today.

In our newsletter this spring, also note that we are looking for a future host for the ASPC Forum and we are providing you the opportunity to get even more involved by running for an officer position within your Association. Your involvement is key to our success.

See you all soon in Rio.

Sincerely,  
Mike English, President, ASPC

## 2013 INTERNATIONAL FORUM ON ELITE SPORT

Rio de Janeiro, Brasil  
August 27-30, 2013

## IX INTERNATIONAL FORUM ON ELITE SPORT HOST NEEDED

### Bid Applications Now Accepted!

The IX International Forum will take place in Summer/Fall 2015

#### Key aspects in bid consideration:

- Commitment – capability of the Organizer to deliver the Forum as presented
- Benefits for Members – value to ASPC members
- Focus of the Organizer – motivation of the Organizer to align to the ASPC
- Location – geography and logistics
- Program – proposed program and topics
- Best Practice Examples – good examples for the host to transfer knowledge
- Possibilities to Increase Membership – real possibilities in the country and the region
- Member Expectations – previous demanded topics and contents
- Related Activities – social program and tours

For more information and to  
apply contact ASPC Secretary  
General Josep Escoda at  
[jescoda@car.edu](mailto:jescoda@car.edu)

Application deadline:  
June 25, 2013

## APPLY FOR THE ASPC EXECUTIVE BOARD

Nominations are being accepted for the following positions: President, Secretary General, Treasurer, America Continental Representative, Europe Continental Representative, Asia Continental Representative, Africa Continental Representative, and Oceania Continental Representative.

Members of the Board of Directors must be members of ASPC.

To obtain a nomination form, please contact Silvia Matesanz at [silviam@car.edu](mailto:silviam@car.edu)  
or download the form at the following link: <http://forumelitesport.org/content/board>

**Nominations forms must be sent before June 25, 2013.**

Email completed applications to [aspc@car.edu](mailto:aspc@car.edu) (Secretariat) and [silviam@car.edu](mailto:silviam@car.edu) (Silvia Matesanz)

## UPDATE YOUR SITE

Members are encouraged to keep information about your training center up-to-date on the ASPC website.  
Click on the following link to view your site: [www.forumelitesport.org/list-of-centers](http://www.forumelitesport.org/list-of-centers)

Contact Silvia Matesanz via email at [silviam@car.edu](mailto:silviam@car.edu) to obtain a username and password  
so you can make changes to the content of your site.



# **REGISTER NOW FOR THE VIII INTERNATIONAL FORUM ON ELITE SPORT**

## **RIO DE JANEIRO, BRAZIL**

**TUESDAY, AUGUST 27 - FRIDAY, AUGUST 30, 2013**

The Association of Sport Performance Centers (ASPC) will hold, in partnership with the Brazilian Olympic Committee (COB) and the Rio de Janeiro State Government, the VIII International Forum on Elite Sports at the COB headquarters in Rio de Janeiro from August 27-30.

The purpose of the event is to share and exchange knowledge and experiences in relation to high performance sport and we are thrilled to have this conference happen in the South American continent for the first time.

The Rio de Janeiro state is located in the Southeastern region of Brazil. With open arms to the world, Rio de Janeiro is a symbol of development, sports, ecotourism, culture and entertainment providing a very active life to the population, tourists and foreign guests.

The VIII Forum is organized by the Olympic Training Center in Rio de Janeiro. The Olympic Training Center will also be one of the venues for the 2016 Olympic Games. Ground was broken on the Olympic Training Center facility in 2009 and it is scheduled to have four indoor arenas in the Barra da Tijuca neighborhood of Rio de Janeiro. Beyond hosting the VIII Forum, the OTC will host a variety of events for the 2016 Summer Olympics and the 2016 Summer Paralympics including Olympic basketball games, Paralympic wheelchair basketball and wheelchair rugby games, Olympic judo and taekwondo events as well as Paralympic judo and boccia events. Olympic wrestling, Paralympic volleyball, Olympic handball matches and the Paralympic goalball matches are all likely to take place at the OTC facility as well. Additionally, the OTC has infrastructure to provide services in nutrition, physiotherapy & sports medicine, athlete career support, physiological, biomechanical, psychological and biochemical assessment along with lecture halls & seminar rooms.

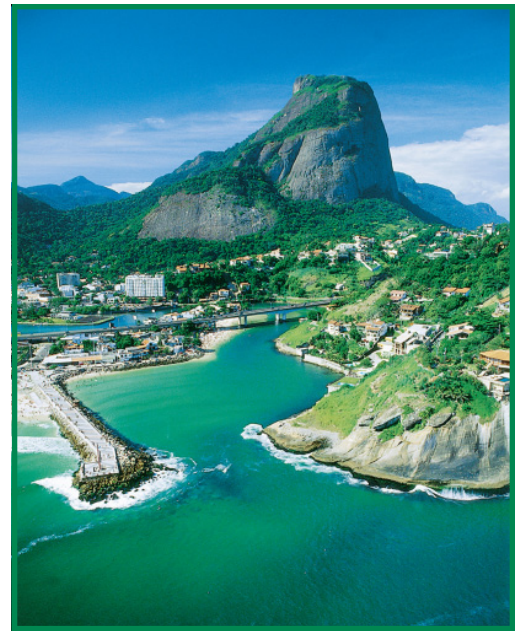
The future host city for the 2016 Olympic and Paralympic Games is pleased to receive the participants of the VIII International Forum on Elite Sports.

Guest speakers in the agenda include:

- John Underwood, Human Performance Consultant for the U.S. Navy SEALs and Director/Founder of the American Athletic Institute – presentation topic: performance
- Bernardo Rezende, Brazil Men's National Volleyball Team Coach, or Carlos Alberto Parreira, Technical Director of the Brazilian Soccer National Team – presentation topic: leadership in teams
- Tânia Braga, Head of Sustainability and Legacy of the RIO 2016 Organizing Committee for the Olympic and Paralympic Games – presentation topic: sustainability and legacy
- Lee Kaplan, Sports Medicine Division Chief of the U Health Sports Medicine – presentation topic: universities and high performance training

The agenda also includes additional special guests, optional tours in the region and concludes with the Samba City Gala Dinner.

Registration is open for the VIII International Forum on Elite Sports. The deadline for current ASPC members is May 31, 2013. For ASPC non-members registration is open from June 1, 2013 to June 30, 2013 with a registration fee of €450 per person.



Space at the VIII Forum on Elite Sport is limited to 110 participants and registration is accepted on a first come, first served basis.

Please note that Brazil requires visitors from many countries to obtain a visa for entry. The Brazilian Ministry of International Relations will grant courtesy entry visas (VICOR) to Brazil for the registered participants of the VIII International Forum on Elite Sports. Brazilian entry visas are granted by the Brazilian Consulates abroad. The NOC Brazil International Relations (email address below) will be the primary point of contact for entry visa assistance.

Registration forms can be downloaded from the ASPC website ([www.forumelitesport.org](http://www.forumelitesport.org)). Completed forms must be sent via email to [international.nocbrazil@cob.org.br](mailto:international.nocbrazil@cob.org.br).