



Paralympic sports in a high performance setting

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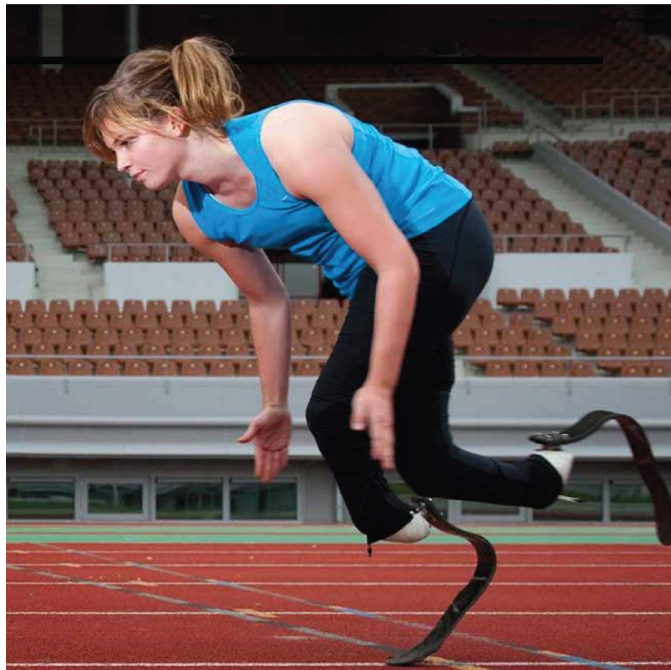
Former Olympic Swimming Coach
Performance Manager Elite Sports
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‘Paralympic athletes in your centre makes your Olympic athletes realize not to take everything for granted!’



How it went.....

- 2000 start of integration into AB sports
- 2004 NOC*NSF member of IPC
- 2004 specific Paralympic Performance manager
- 2007 start of first fulltime Paralympic program
- 2014 12 fulltime Paralympic programs



Questions

- What is the international benchmark?
 - Fulltime program needed? yes/no
- How about the 3 traffic lights?
 - Level and commitment of athletes?
 - Leadership of the program committed?
 - Coaching of high level available?
- Can we cater for the extra needs?
 - yes/no

'If you don't have the right coach, you better meet him only once a week!'

Papendal

- Wheelchair basketball (S, S-1)
- Athletics (S)
- Para-table tennis (integrated with Olympic) (S)
- Track cycling (S)
- 7-side football (S)
- Shooting (integrated with Olympic) (S)

Outside Papendal

- Swimming (FT Amersfoort) (S, S-1)
- Dressage (FT Decentralised) (S)
- Triathlon (PT Doorn) (S)
- Wheelchair tennis (FT Almere) (S, S-1)
- Boccia (FT Groesbeek) (S)
- Sailing (FT Medemblik) (S)
- Archery (PT Almere) (S, S-1)
- Rowing (PT Amsterdam) (S)

'Talented Paralympic athletes often take the fast track. Watch out they do not miss out on any phase of development.'









Implication of Paralympic

- accesibility
- housing
- expertise in rehabilitation
- positive staffmembers
- Life skills coaches/study intermediary: need to have a learning attitude/open mind towards special needs

Drive to make it happen!



