

Elevating People and Performances

The CSIO's Strategic Approach to
International Podium Success

Agenda for Today

- History of Canada's high-performance system
- Growth of Ontario & CSIO's role
- Program example: linking provincial to national success

A Strategic Approach to Institutes

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- Canadian Sport Centre – Calgary in '94

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- National Sport Centre – Toronto in '98

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A Strategic Approach to Institutes

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- Canadian Olympic and Paralympic Sport Institute Network '13

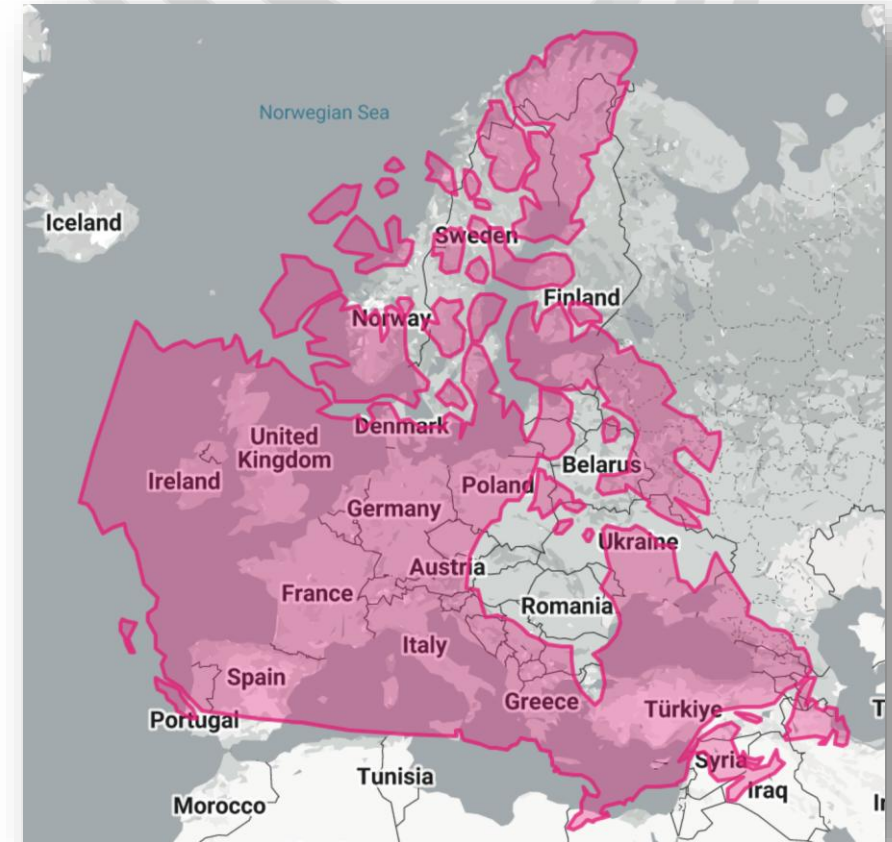
FROM COAST TO COAST

- **23 dedicated high-performance facilities** across the country
- **Over 90 formal NSO partnerships**



Geographical Context

	Canada	Europe
Land Mass	9.98 million km ²	10.014 million km ²
Population	40.1 million	744.4 million
Population Density	4.0 ppl / km ²	74.4 ppl / km ²



Ontario's Geographical Context

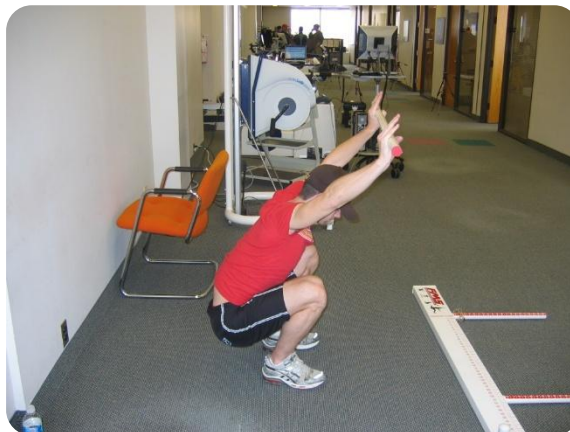
	Ontario	Finland
Land Mass	1,076,395 km ²	338,145 km ²
Population	15.9 million	5.6 million
Population Density	14.9 ppl / km ²	18.5 ppl / km ²



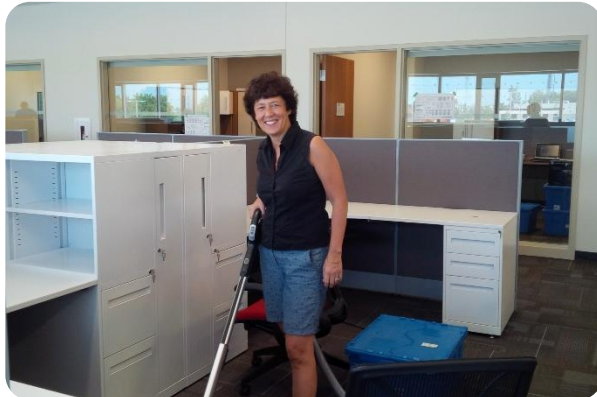
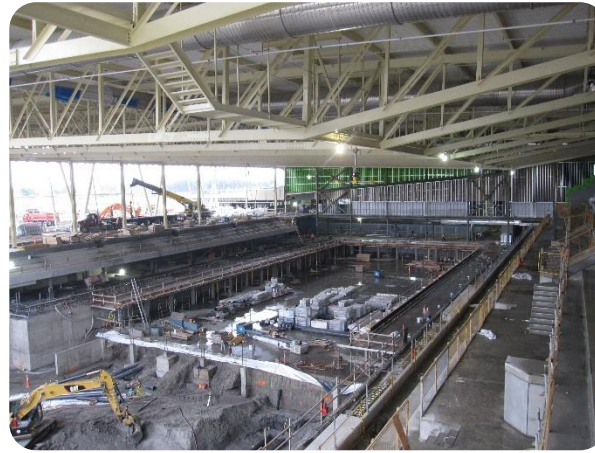
RAGS TO RICHES



RAGS TO RICHES



RAGS TO RICHES



FUNDING

Our Partners

Funding Partners



Performance Partners



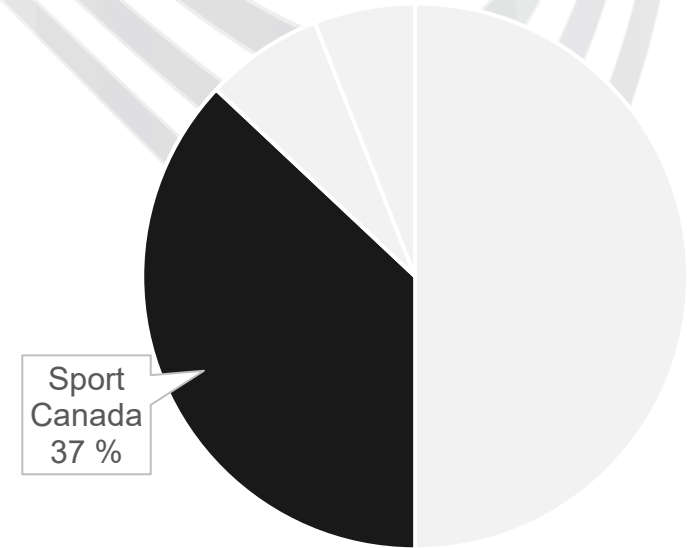
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Funding Contribution



Performance Partners



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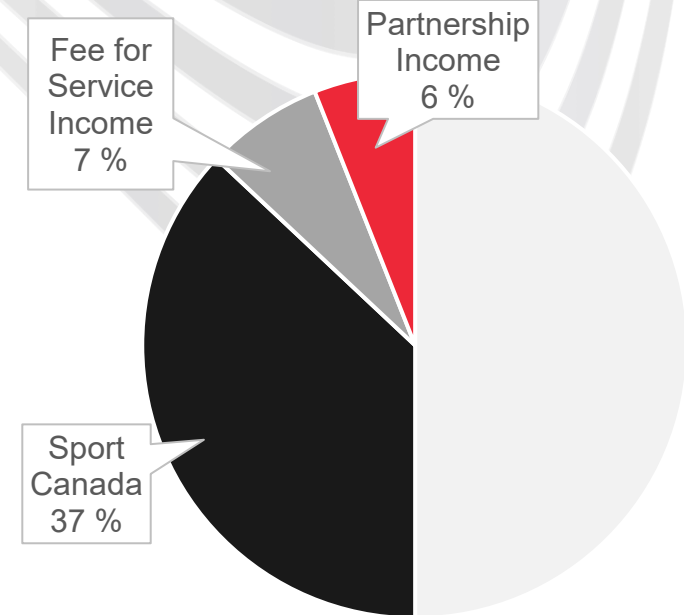
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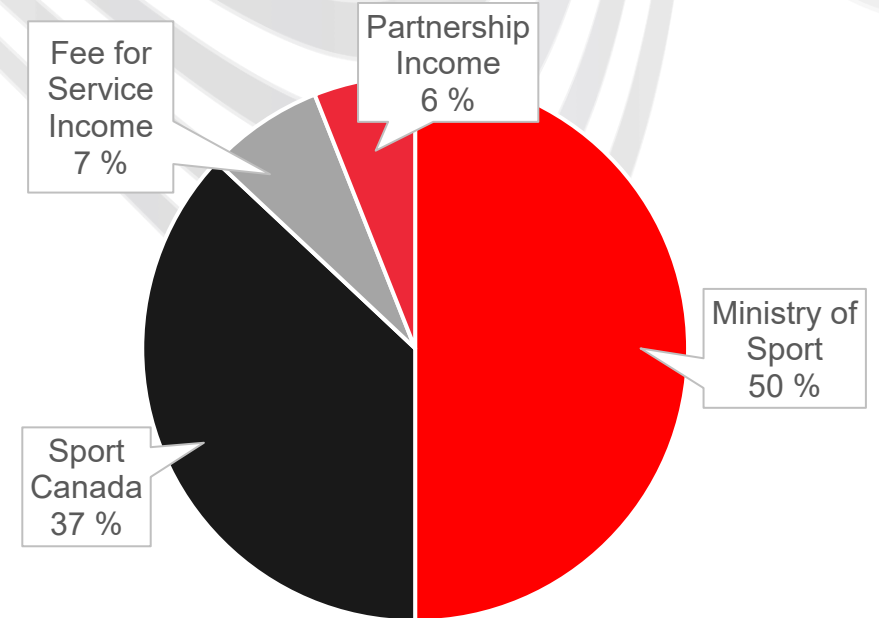
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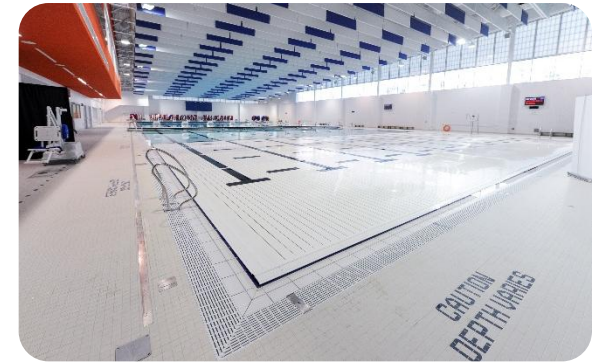
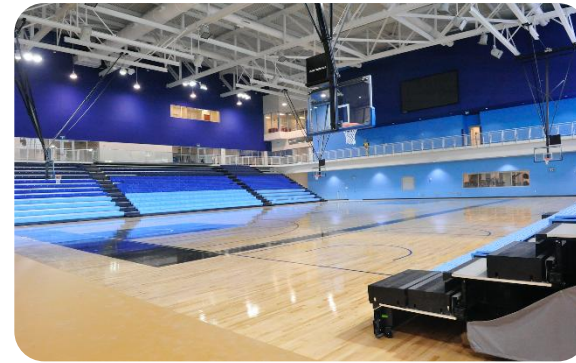
Performance Partners



Funding Contribution

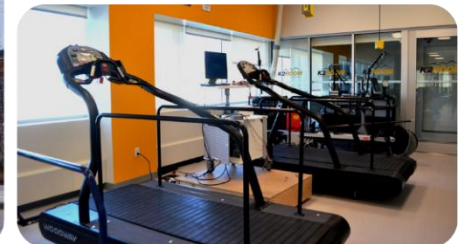


Toronto Pan Am Sports Centre



Locations - Head Office

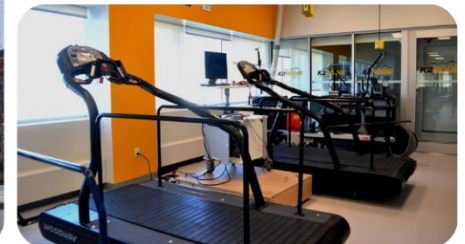
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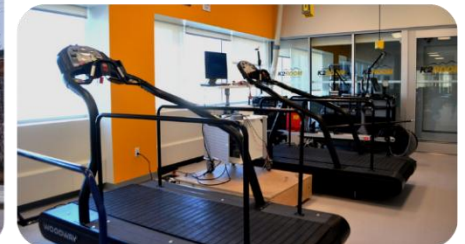
- 465 m² Strength & Conditioning Gym



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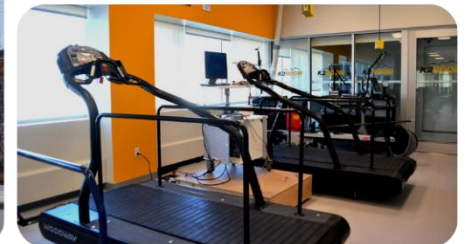
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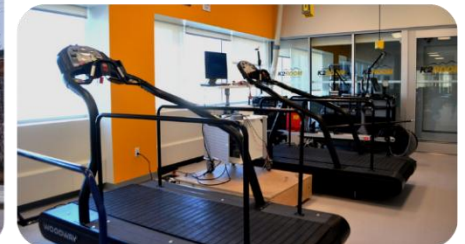
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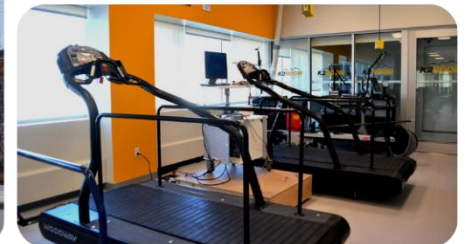
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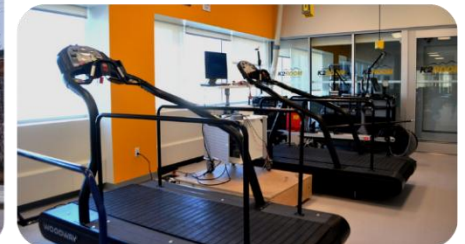
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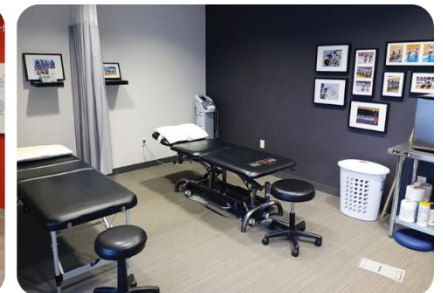
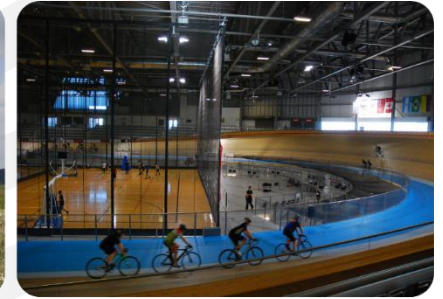
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Toronto Pan Am Sports Centre

- 465 m² Strength & Conditioning Gym
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- Sport Performance Kitchen
- Athlete Lounge



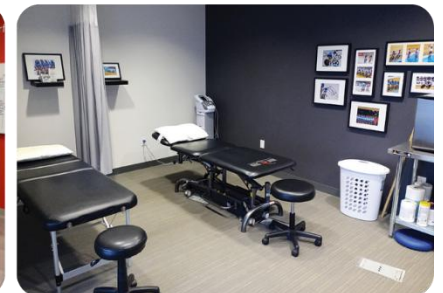
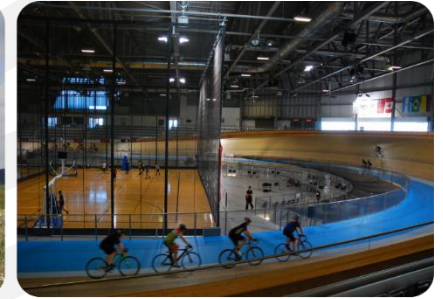
Locations - Regional Training Centres



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RTC – Milton (at Mattamy National Cycling Centre)

- 250m Indoor Cycling Track
- 300m Walking Track
- Three Multi-use Courts



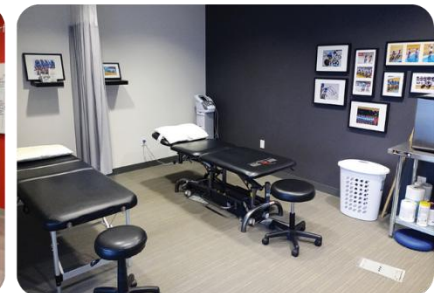
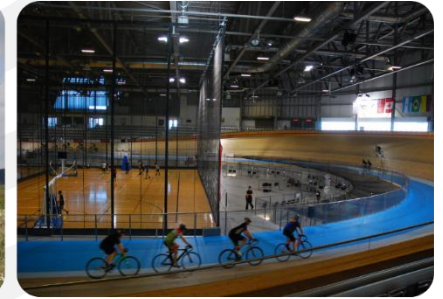
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CSIO Dedicated Space

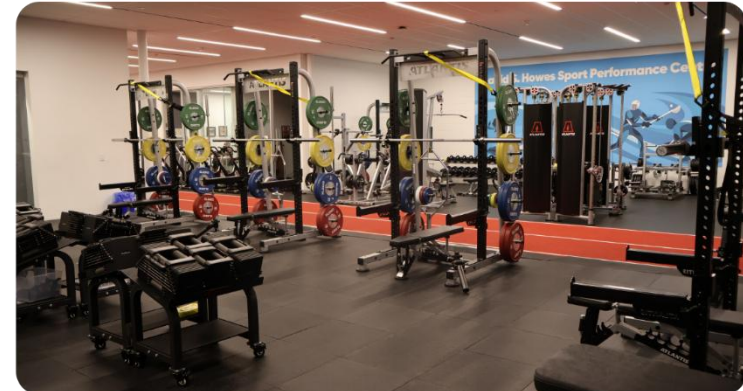
- 158 m² Strength & Conditioning Gym
- Sport Therapy Suite
- Sport Lab
- Kitchenette for Sport Nutrition Services



Locations - Regional Training Centres

RTC – Niagara (at Canada Games Park)

- Two NHL Sized Ice Pads
- Four Basketball Courts
- 6 Beach Volleyball Courts (Outdoor)
- Track and field facility
- Royal Canadian Henley Rowing Course



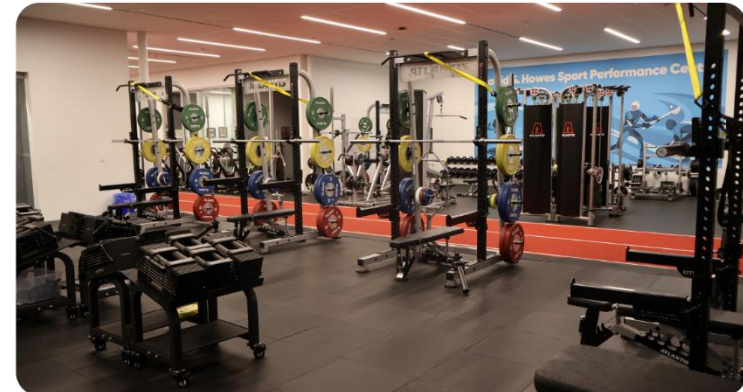
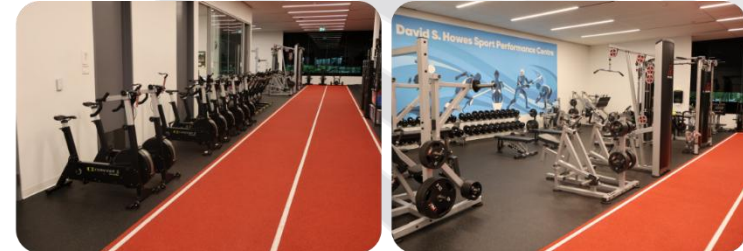
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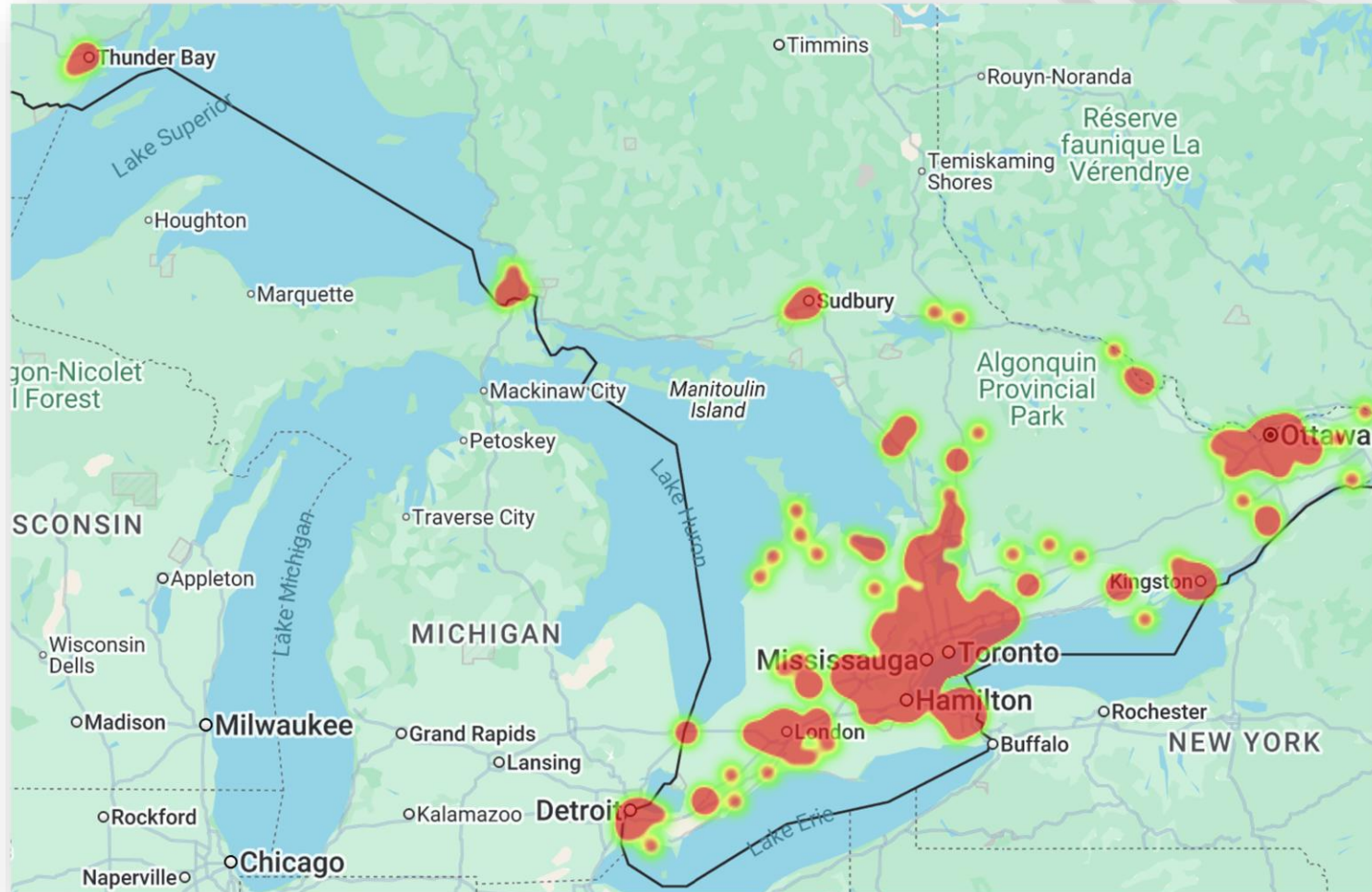
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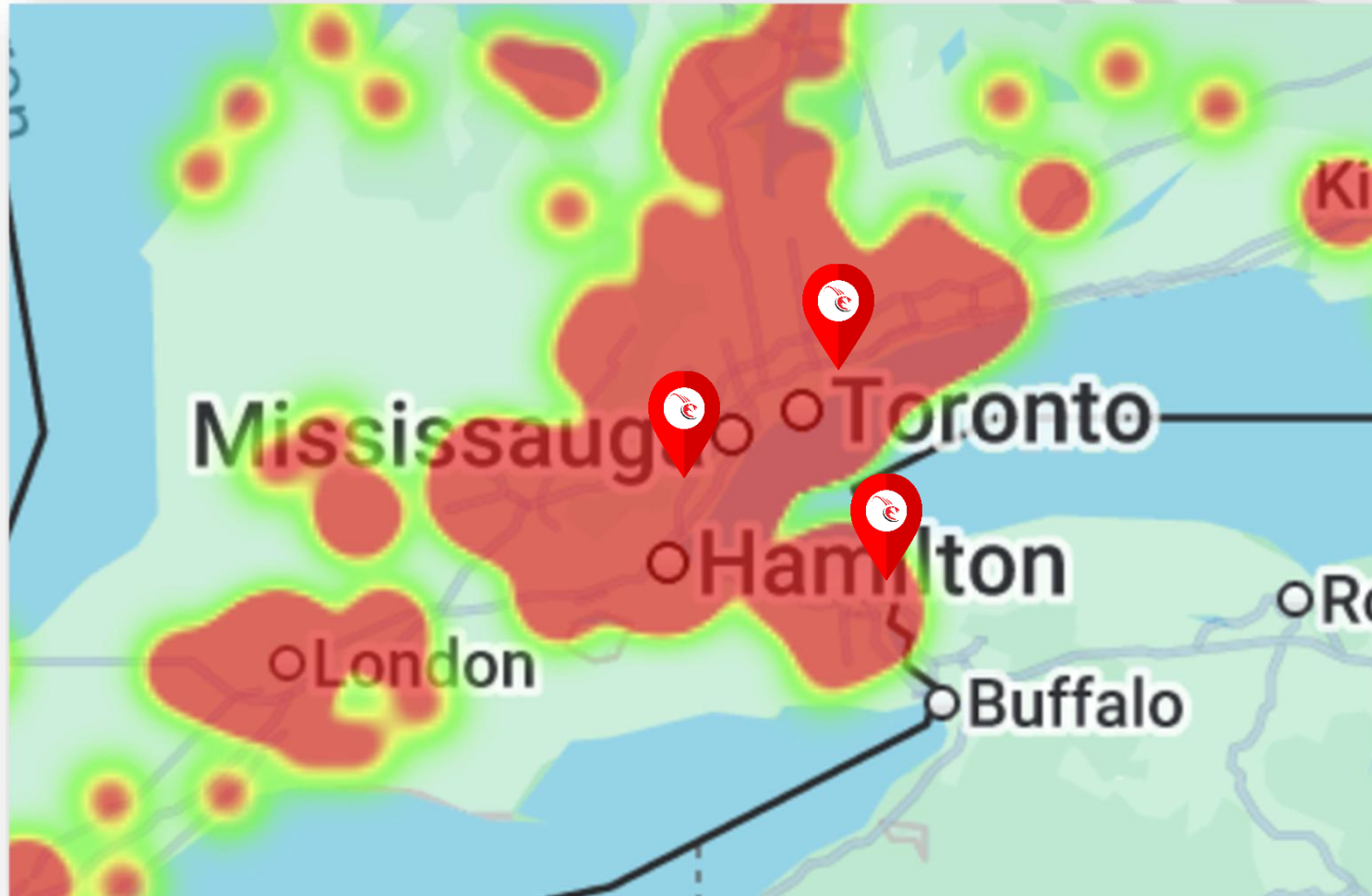
- 232 m² Strength & Conditioning Gym
- Sport Therapy Suite
- Sport Lab
- Kitchenette for Sport Nutrition Services



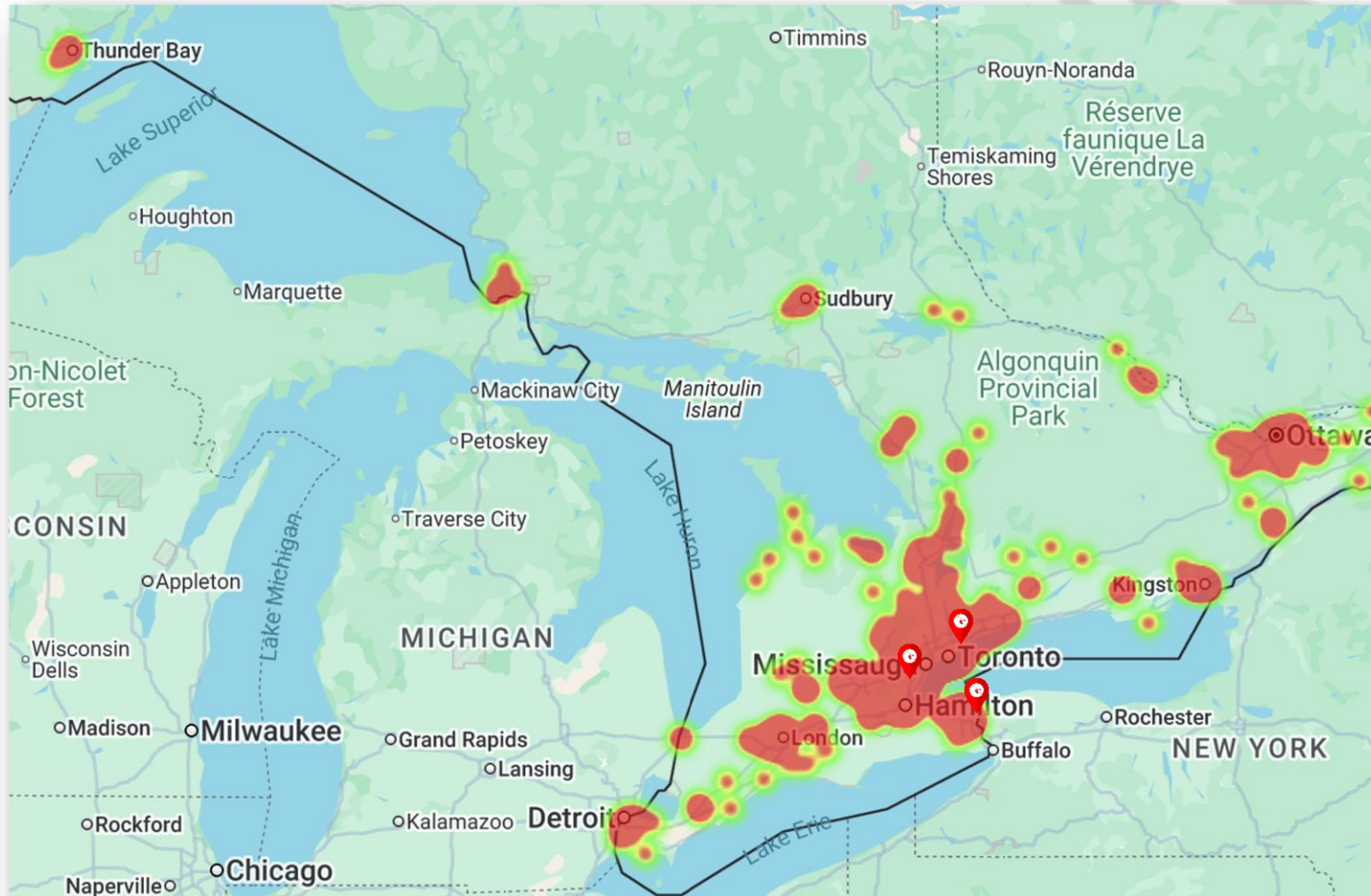
Athlete Footprint Across the Province



Athlete Footprint Across the Province



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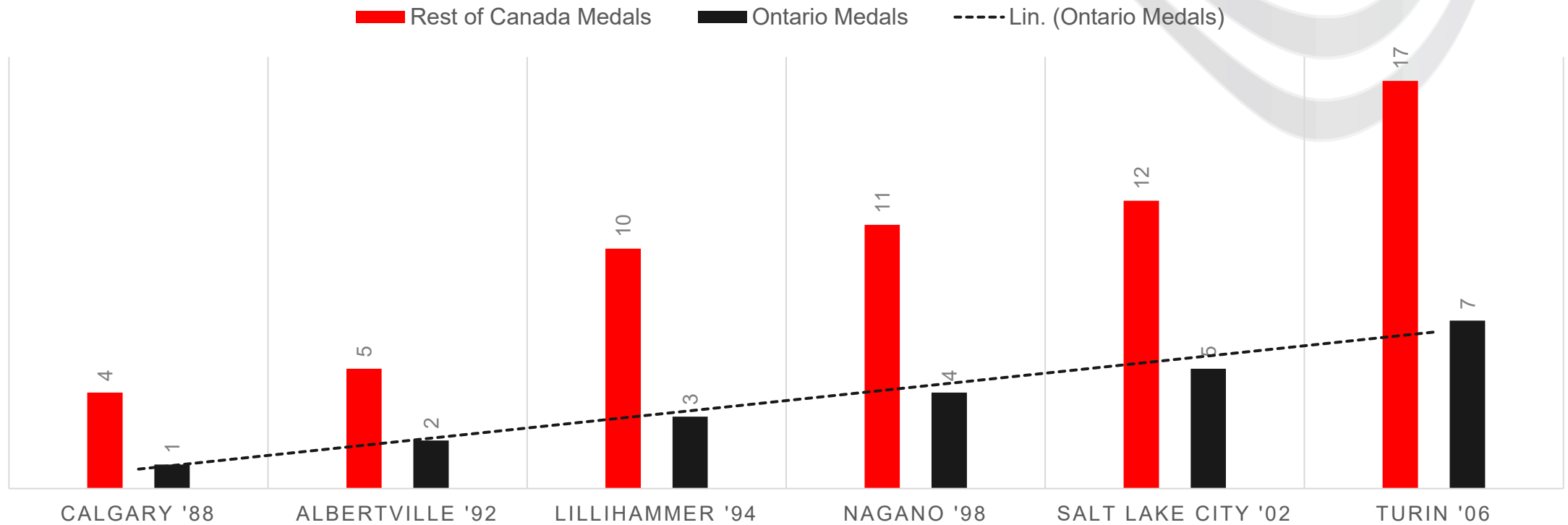


Ontario High Performance Sport Initiative

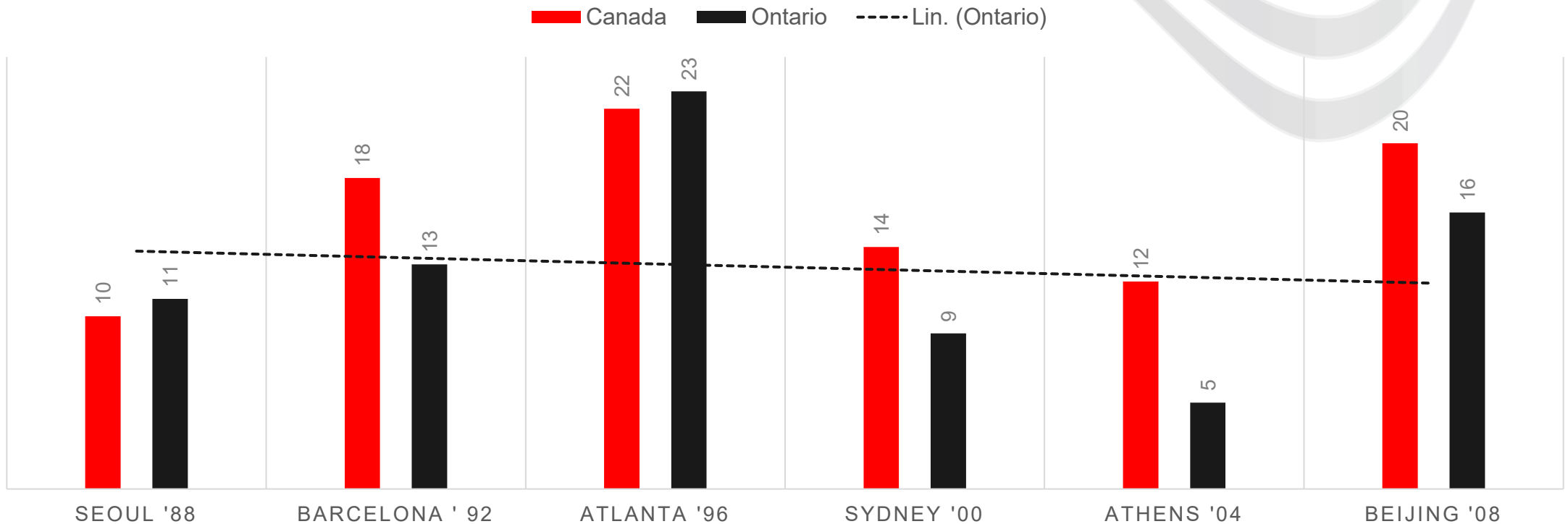
Ontario's Strategic Approach To Improving
Performances

Medals by Athlete: ON v's CAN (Winter Oly/Ply)

Medals by Athlete: ON v's CAN (Winter Oly/Ply)



Medals by Athlete: ON v's CAN (Summer Oly/Ply)



Supporting PSOs for 20 years

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- Canada Games Training Program (2005-06)
- Performance Enhancement Program (2007-10)

Supporting PSO's for 20 years

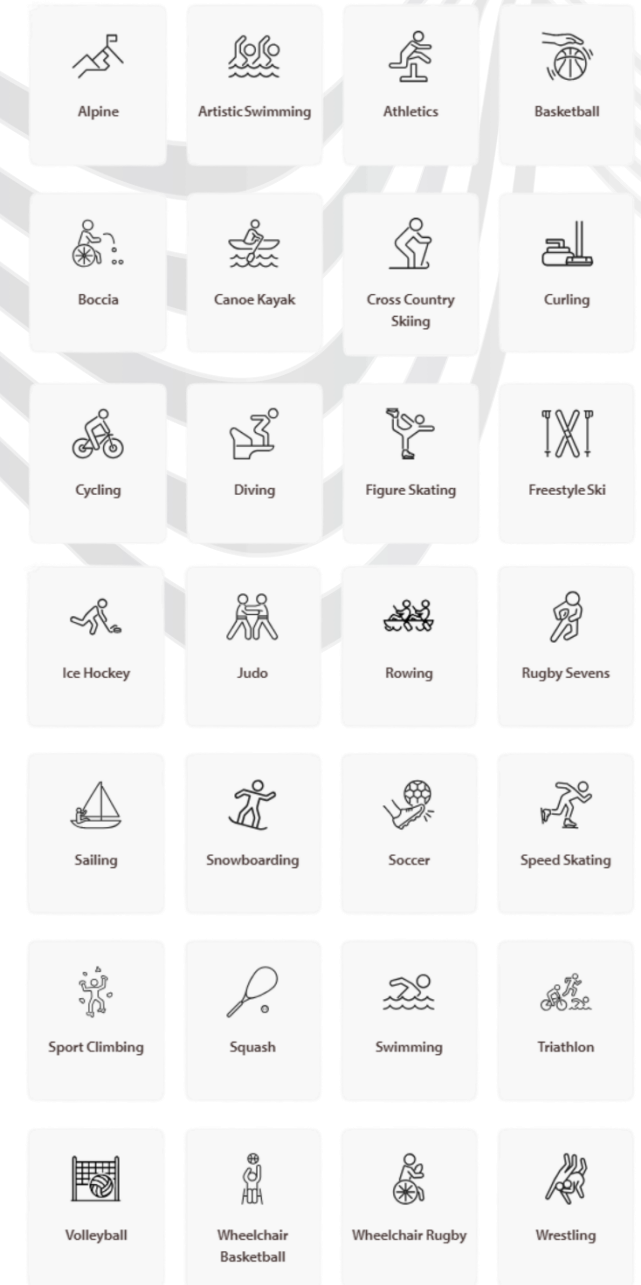
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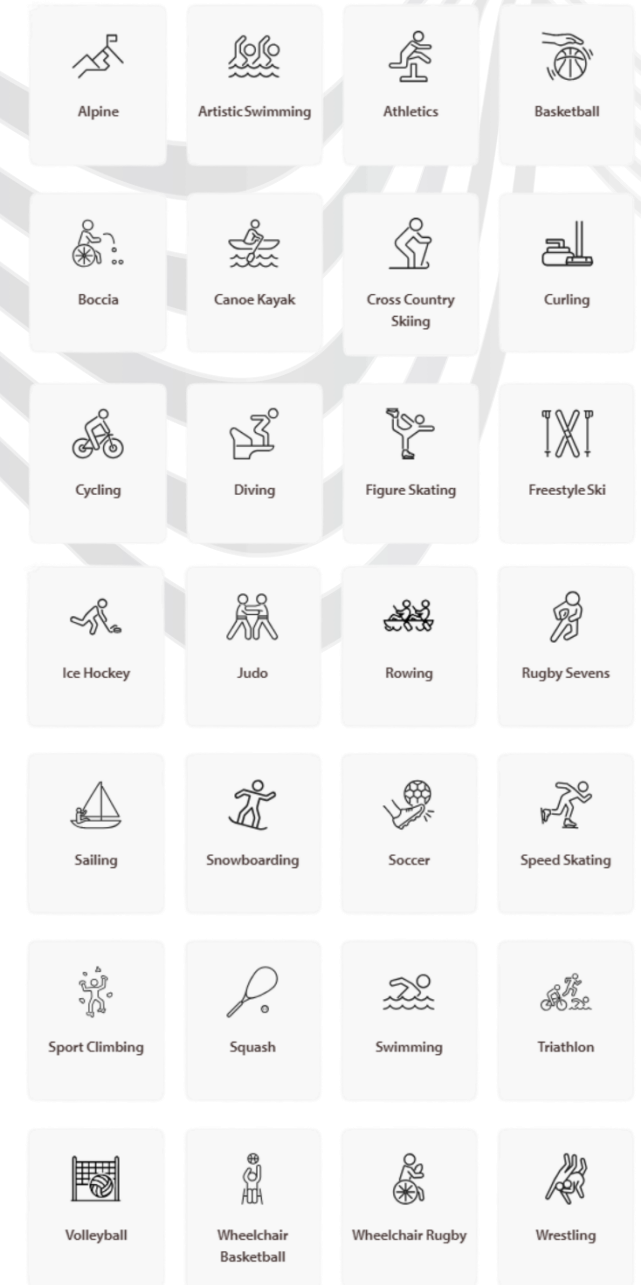
Ontario High Performance Sport Initiative (OHPSI)

- Launched in 2010



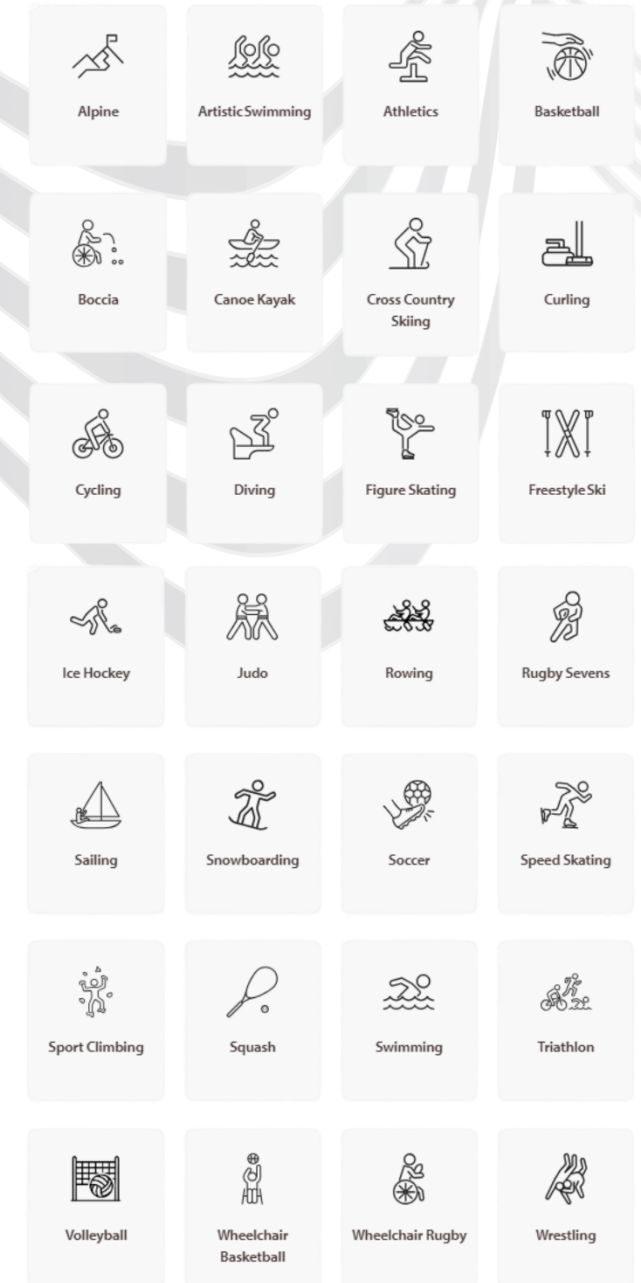
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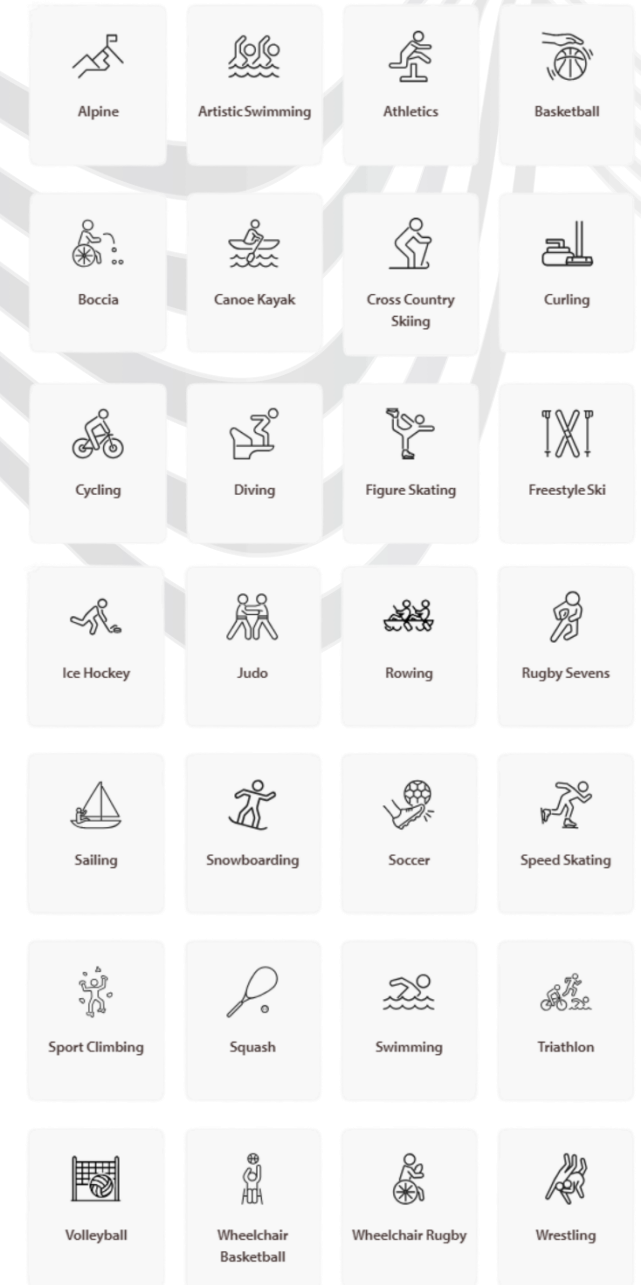
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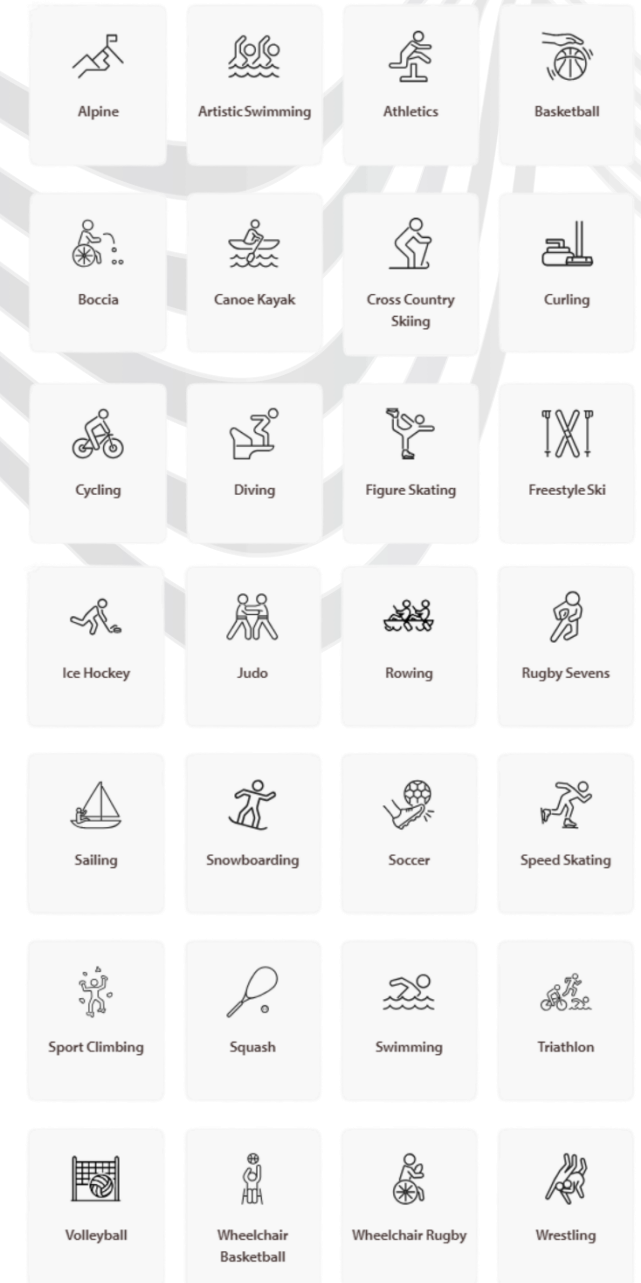
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- Drives System Alignment



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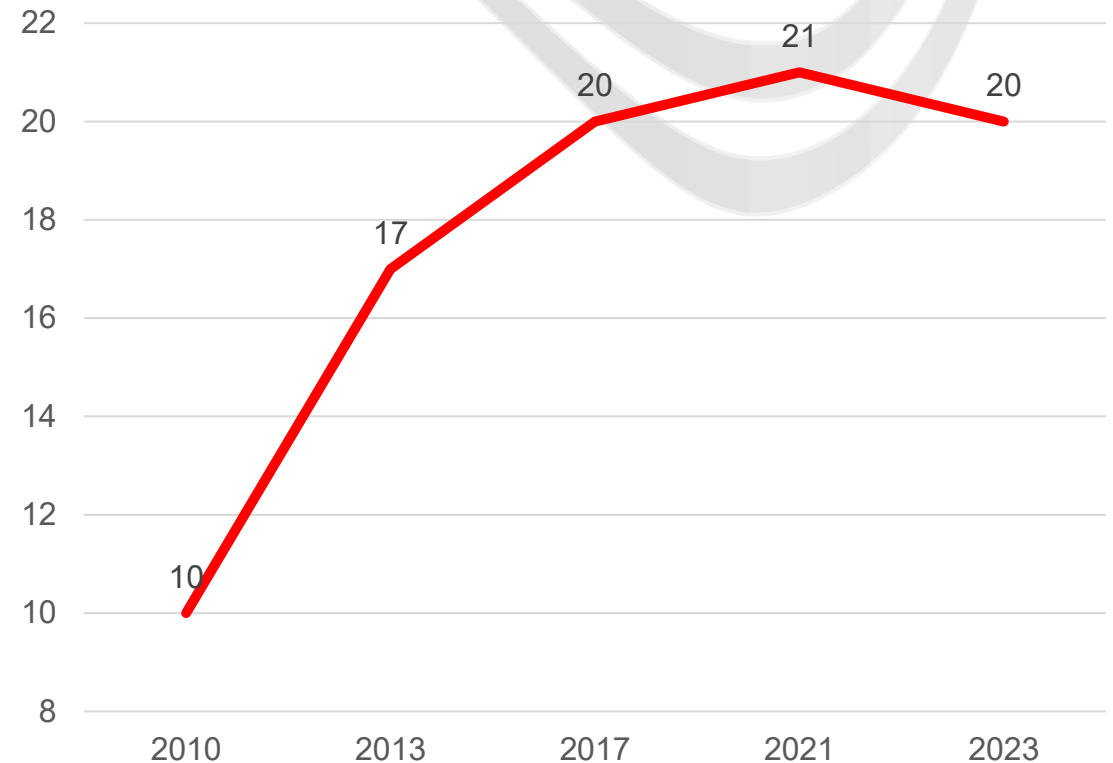
- Launched in 2010
- Funded by the Provincial Ministry of Sport
- Created by CSI Ontario
- Drives System Alignment
- \$1,867,500 across 20 Olympic and Paralympic Sports



OHPSI – Since Inception

- Launched in 2010
- 30+ PSO Partners
- \$24m Invested
- 5,000+ Athletes, Coaches and Technical Leaders supported

OHPSI Targeted Sports Over Time

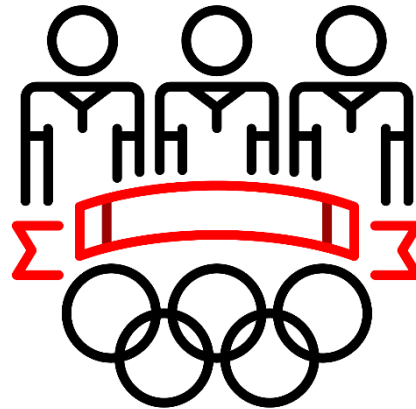


OHPSI

As it is today

Primary Objective

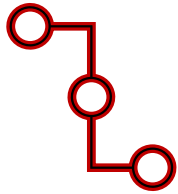
- To place more Ontario athletes on Olympic and Paralympic Games podiums.



Core Principles

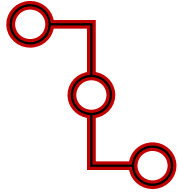
Core Principles

System
Alignment



Core Principles

System
Alignment

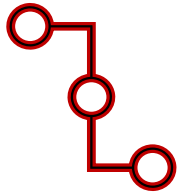


Athlete
Centered



Core Principles

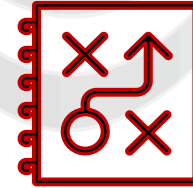
System
Alignment



Athlete
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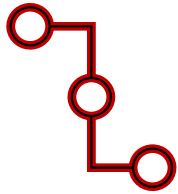


Coaching and Technical
Leadership Driven



Core Principles

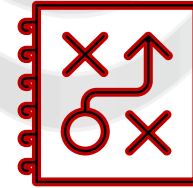
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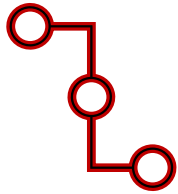


Performance Sciences,
Research and
Innovation Supported



Core Principles

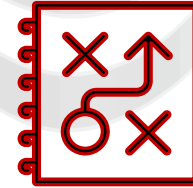
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Athlete
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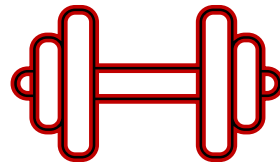
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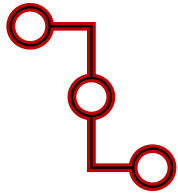


Performance
Culture Focused



Core Principles

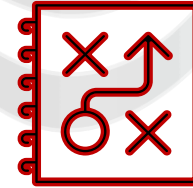
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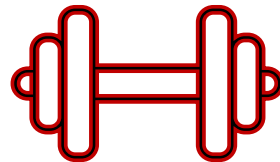
Coaching and Technical
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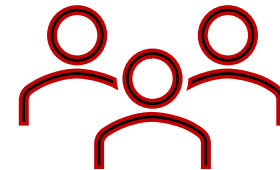
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Performance
Culture Focused



Capacity and
Governance



Eligibility

Eligibility

Recognition &
Alignment



Eligibility

Recognition &
Alignment



Strategic
Planning



Eligibility

Recognition &
Alignment



Strategic
Planning



Investment &
Delivery



Eligibility

Recognition &
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Sport
Identification



Strategic
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Sport
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Policies &
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Sport
Identification



Policies &
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Commitment to
EDIA



Sport Categories



Sport Categories

- Individual Sport



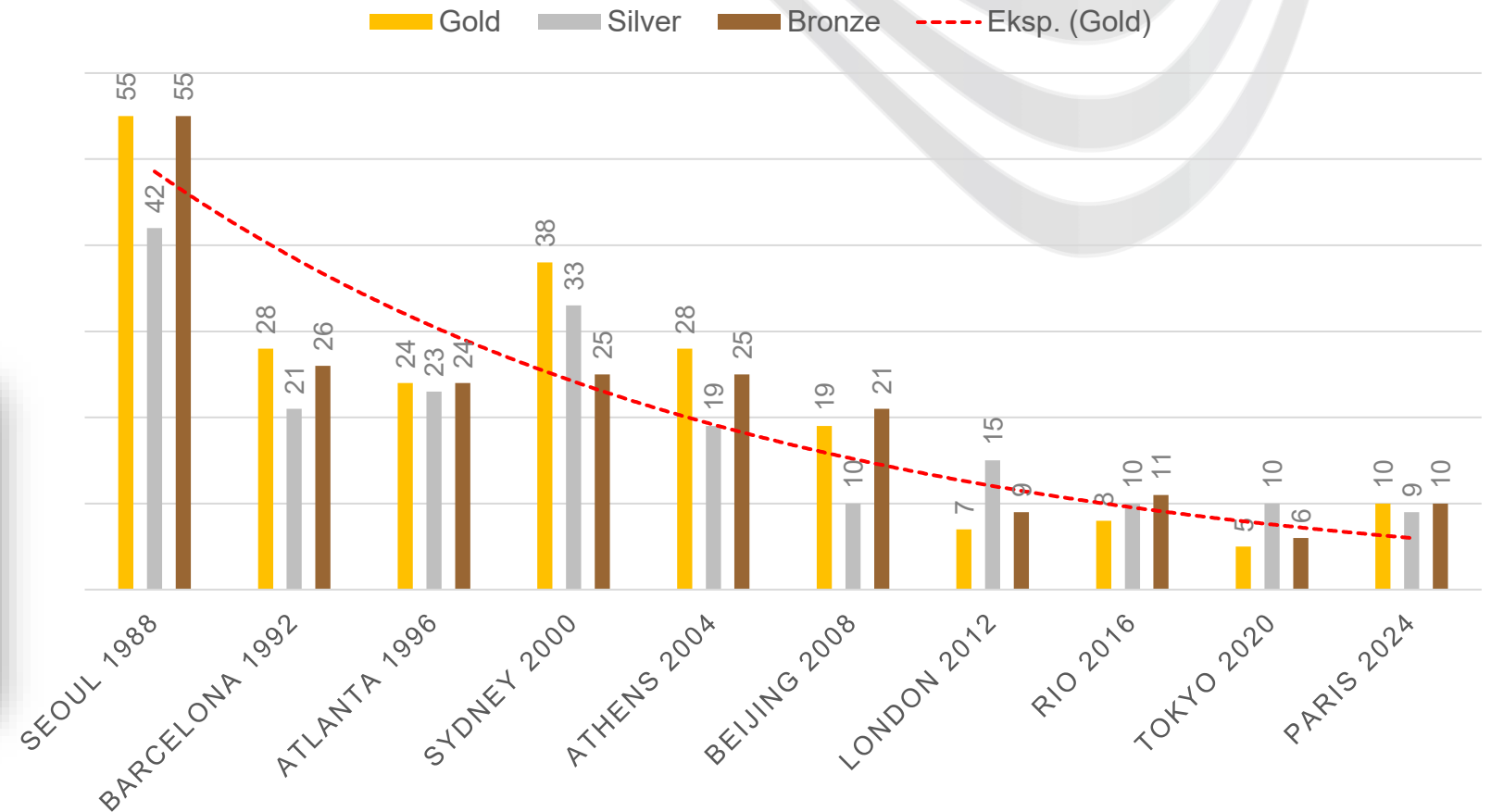
Sport Categories

- Individual Sport
- Team Sport



Sport Categories

- Individual Sport
- Team Sport
- Paralympic Sport



Investment Strategy

INVESTMENT CATEGORIES

CTL SALARY
SUPPORT

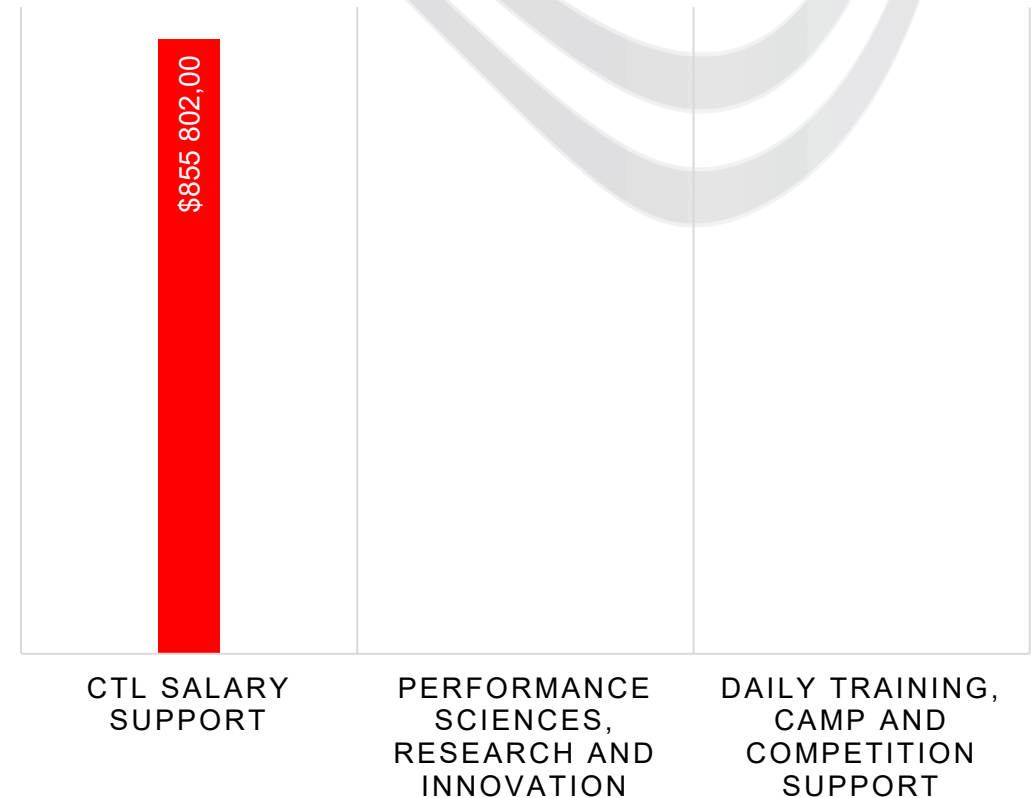
PERFORMANCE
SCIENCES,
RESEARCH AND
INNOVATION

DAILY TRAINING,
CAMP AND
COMPETITION
SUPPORT

Investment Strategy

- Coach and Technical Leader Salary Support

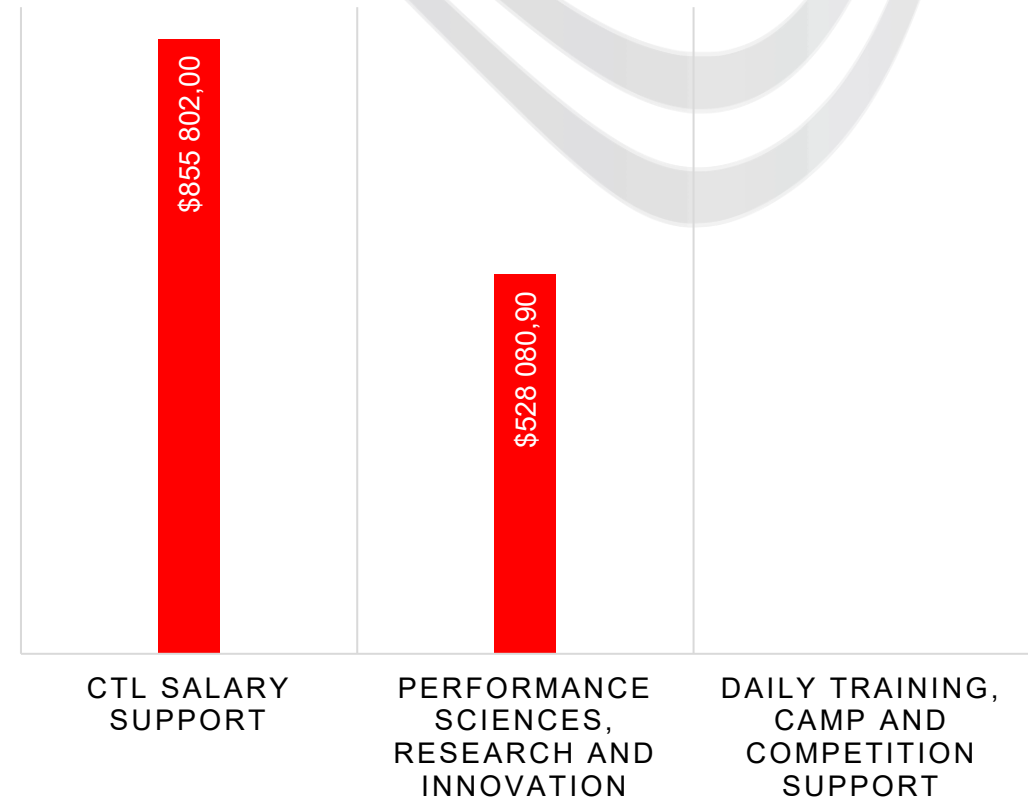
INVESTMENT CATEGORIES



Investment Strategy

- Coach and Technical Leader Salary Support
- Performance Sciences, Research and Innovation

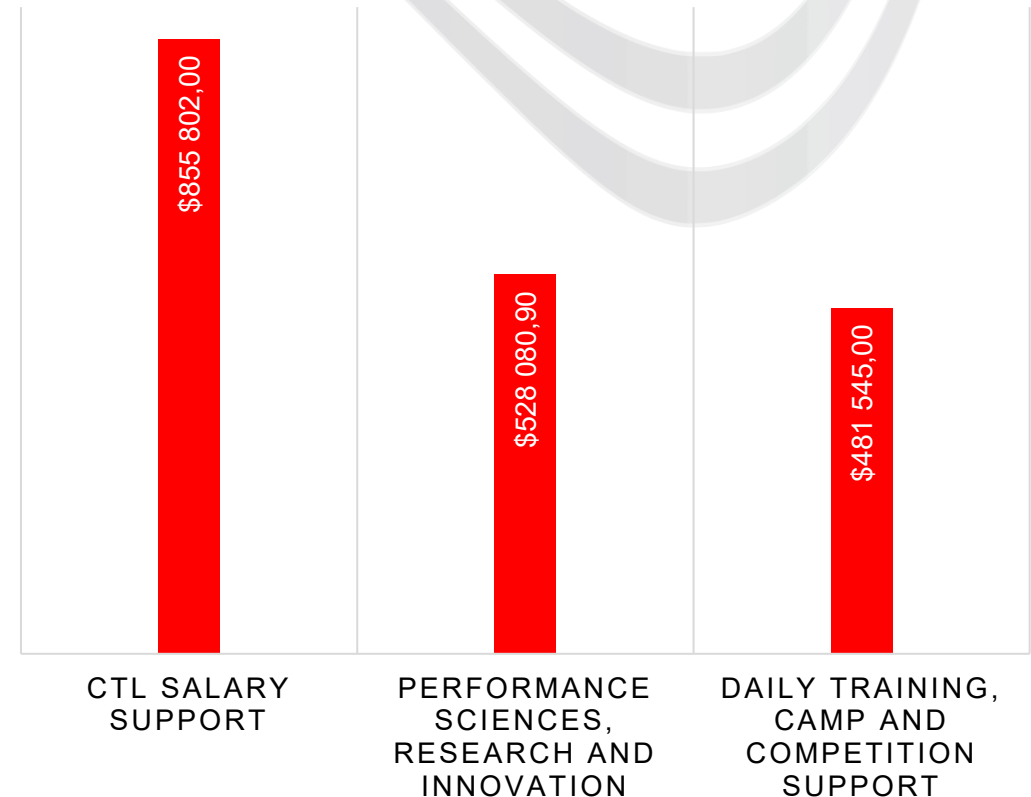
INVESTMENT CATEGORIES



Investment Strategy

- Coach and Technical Leader Salary Support
- Performance Sciences, Research and Innovation
- Daily Training, Camp and Competition Environments

INVESTMENT CATEGORIES



Decision Making Principles



Decision Making Principles

- High Performance Management Plan



Decision Making Principles

- High Performance Management Plan
- Winning Well



Decision Making Principles

- High Performance Management Plan
- Winning Well
- Pathway Progression



Decision Making Principles

- High Performance Management Plan
- Winning Well
- Pathway Progression
- Podium Performances



Decision Making Principles

- High Performance Management Plan
- Winning Well
- Pathway Progression
- Podium Performances
- Own The Podium Status



Decision Making Principles

- High Performance Management Plan
- Winning Well
- Pathway Progression
- Podium Performances
- Own The Podium Status
- Podium Pathway



Performance Monitoring

Performance Monitoring

- The Performance Pathway Advisor
 - Involved in HP strategic planning meetings
 - Participate in the Performance Management process
 - Provide timely feedback
 - Involved in Annual Review

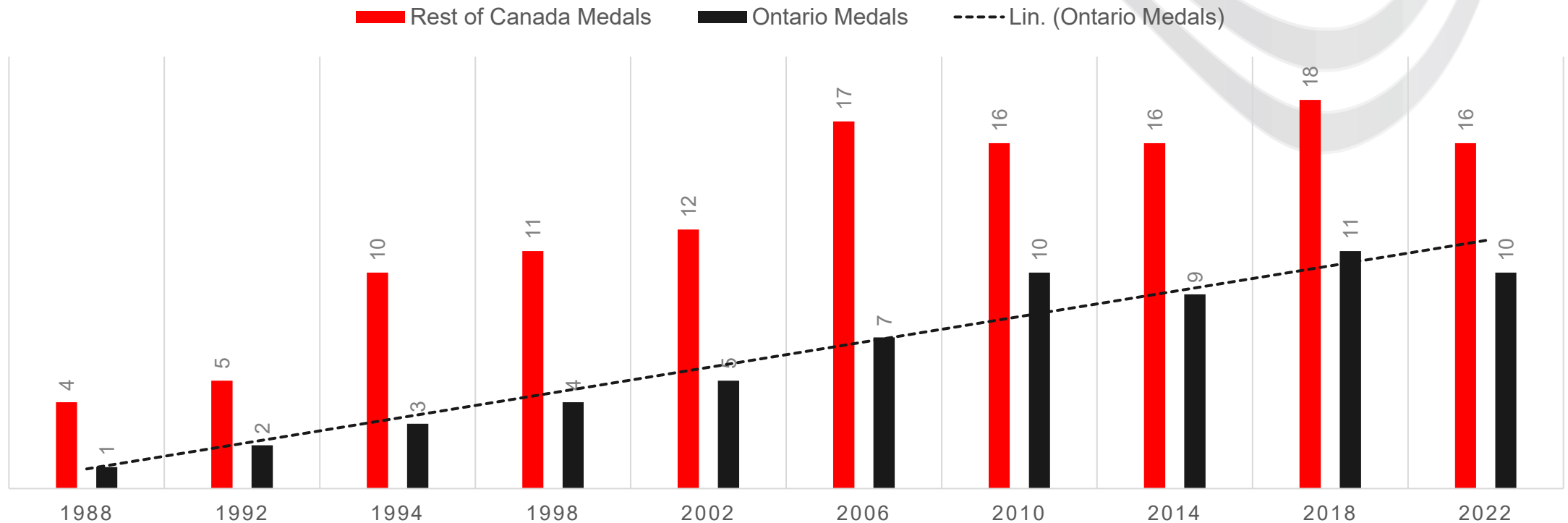
Performance Monitoring

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 - Involved in HP strategic planning meetings
 - Participate in the Performance Management process
 - Provide timely feedback
 - Involved in Annual Review
- Evaluations keep OHPSI:
 - Intake Process
 - Annual Review
- Assessment and Evaluations keep OHPSI dynamic, responsive, and accountable to its Primary Objective

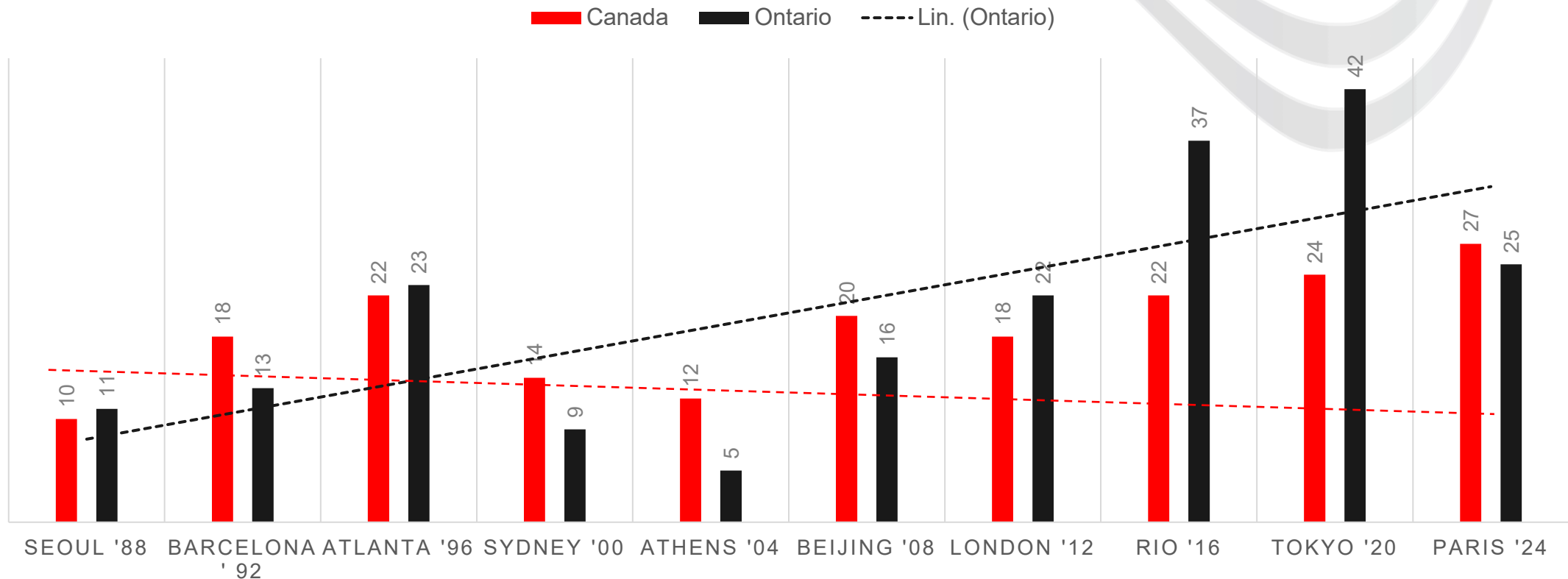
Performance Impacts

Does targeting athletes in the development pathway
work?

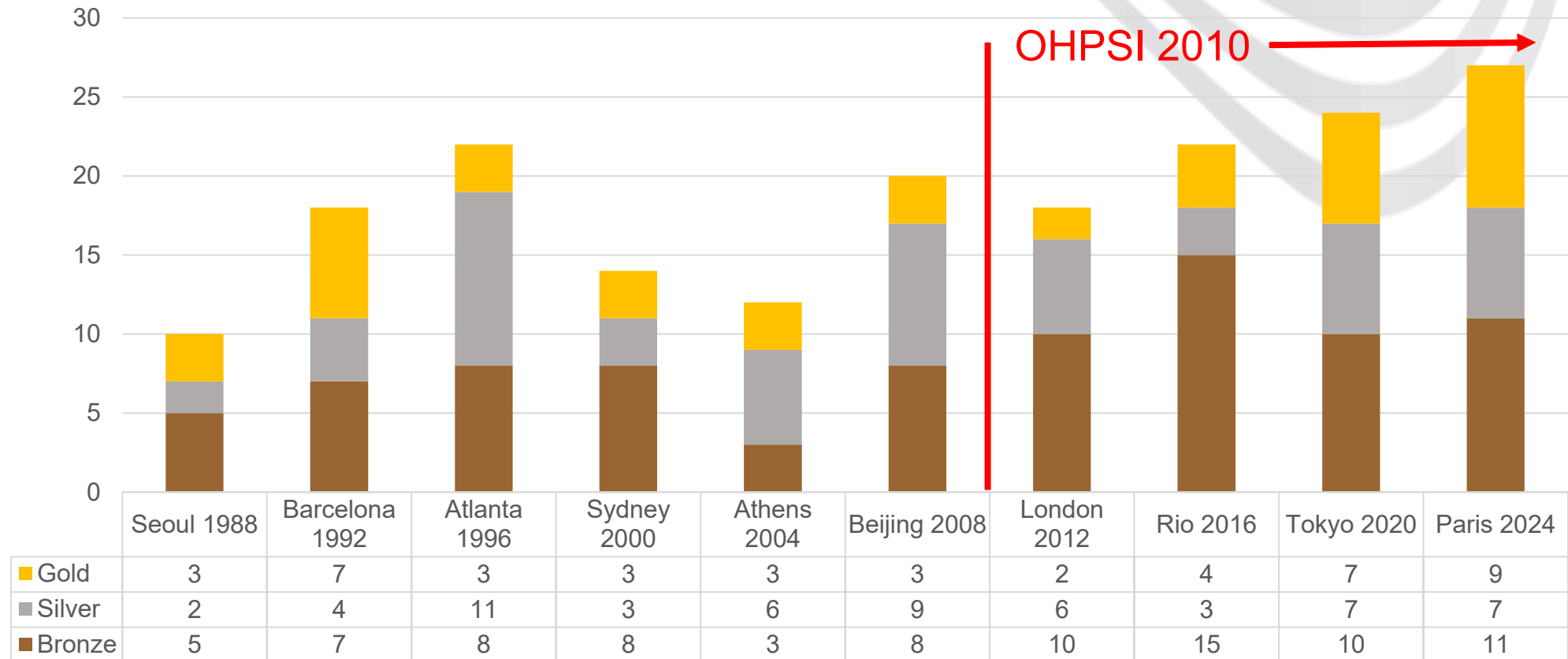
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Medals by Athlete: ON v's CAN (Summer Oly/Ply)



Medal Count by Summer Games

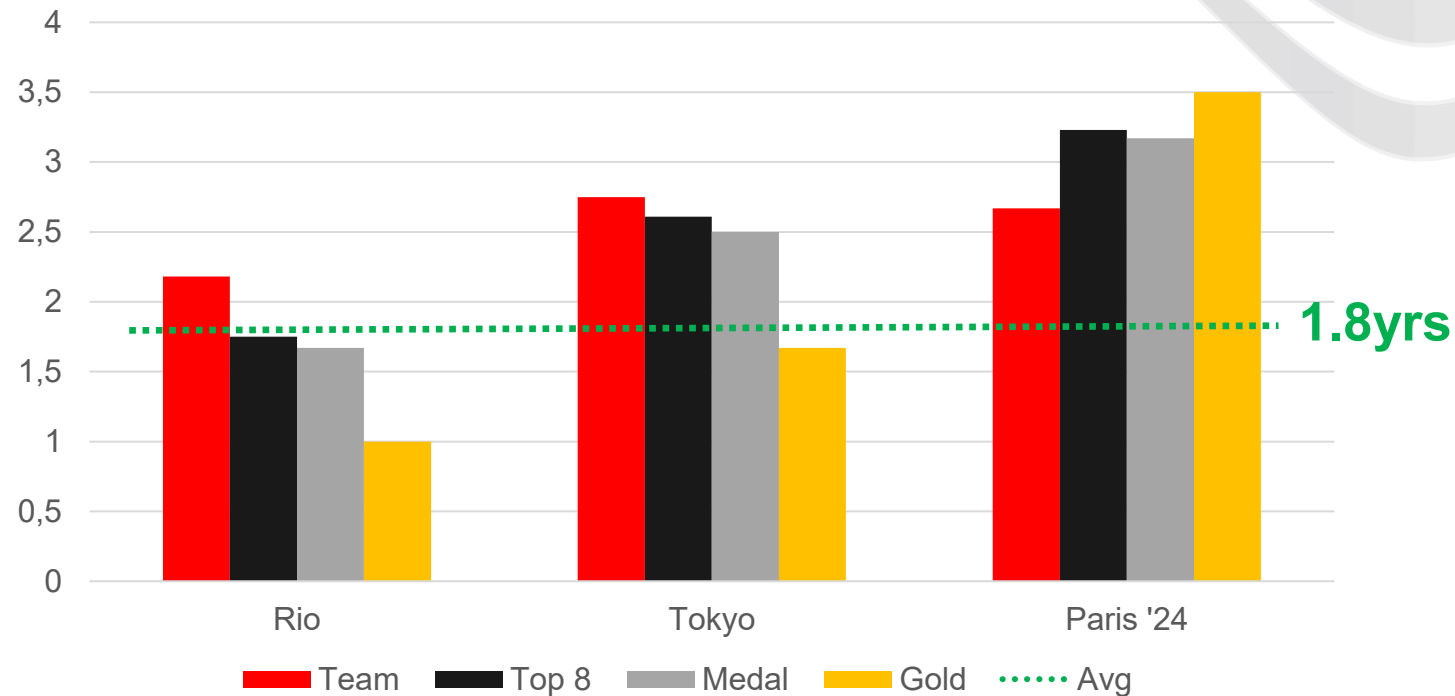


Time In Development

The OHPSI Impact

Time in Development

Average time in OHPSI related to performances at OLY/PLY games (summer)



History of medal performances



Thank You!

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