



**MINUTES OF THE X GENERAL ASSEMBLY OF ASPC HELD AT THE HAUTE
ÉCOLE FÉDÉRALE DE SPORT MACOLIN, ON APRIL 29TH , 2016**

Place: Macolin, Magglingen

Date: Friday, 29th April, 2016 1:00 p.m.

In Attendance: Formal members of ASPC for 2016. Attached list.

1	HPC University of Pretoria	Toby Sutcliffe
2	Prime Sports Science Durban	Bredon Goodenough
3	Olympic Training Centre-OTC Rio de Janeiro	Marcus Freire
4	Canadian Sport Institute Calgary	Dale Henwood
5	Canadian Sport Institute Ontario	Debbie Low
6	Chula Vista (ARCO) U.S. Olympic Training Center	Tracy Lamb
7	NETAJI SUBHAS NATIONAL INSTITUTE OF SPORTS, PATIALA (SAI NSNIS)	S.S. Roy
8	Institut of Sports Medicine and Science Olympic Center Austria	Hans Holdhaus
9	INSEP Paris	Victor Dechélette
10	IAT Leipzig	Ulf Tippelt
11	AIS European Training Centre	Warwik Forbes
12	Jamor Centro Deportivo Nacional	Victor Pataco
13	Narodne Sportove Centrum	Boris Cavadja
14	Centre d'Alt Rendiment (C.A.R.) Sant Cugat	Josep Escoda
15	Centro de Alto Rendimiento (C.A.R.) de Sierra Nevada	Alfonso Sánchez-Bernard
16	Centro de Alto Rendimiento CSD Madrid (Joaquin Blume)	Jesús Mardaras
17	Haute école fédérale de sport Macolin-Unité sport d'élite	Manu Praz
18	High Performance Sport New Zealand	Alex Baumann
19	Olly Andrews (Individual member)	

1. OPENING. The President, Mr. Dale Henwood welcomes the attendees. Before the beginning of the meeting, the President asks for a moment of silence in memory to Mr. Mike English, past President of the ASPC, who passed last January.

Afterwards, Prof. Walter Mengisen, Director of Swiss Federal Institute of Sport Magglingen makes a presentation about Swiss Sport.

2. ROLL CALL AND VOTING POWER VERIFICATION. A member by member roll call is made to verify the present members. It is noted that only those members who are present and up to date in terms of fee payments will be able to vote.

3. APPROVAL OF PREVIOUS GA MINUTES (AUGUST 28, 2015). The Minutes of the last General Assembly held in Puerto Rico on August 28, 2015 are read, approved by the attendants and signed. Motion to approve: Debbie, seconded by Alex and carried.

4. ACTIVITY REPORT 2015-2016

4.1. Economical report. The balance April 2016 and the proposal for the ASPC budget for 2017 are shown as follows:

ASPC Balance April 2016 (€)			ASPC Budget 2017 (€)		
Opening Balance 1/9/2015	55.746,01		Opening Balance 1/1/2017	59.000,00	14.000,00
Revenue	#		Revenue	#	
Memberships	43	8.762,00	Memberships	60	12.000,00
Accum. Benefits savings account		1.813,65	Accum. Benefits savings account		2.100,00
		45.000,00			45.000,00
		66.321,66			73.100,00
Expenses			Expenses		
Web domain		67,76	Web domain		67,76 €
Website improvements		3.787,30	Website improvements		2.500,00 €
Web hosting 2016		726,00	Web hosting 2017		726,00 €
Bank Charges		144,60	Bank Charges		200,00 €
Paypal fees		62,10	Paypal fees		90,00 €
Administration Secretariat		1.200,00	Administration Secretariat		1.200,00 €
Mike English Exchange Program		4.000,00	Mike English Exchange program		1.500,00 €
Meetings and Correspondance		60,00	Meetings and Correspondance		120,00 €
Travel Josep Escoda to Japan		1.026,81	Plaques (bronze/silver)		1.900,00 €
Support to Durban Forum		3.000,00	Fedex sending plaques to Durban		700,00 €
Logo update		1.300,00	Support to Durban Forum		3.000,00 €
Venue and Logistics Macolin		1.000,00	Promotional material		500,00 €
Balance		49.947,09	Membership Services		1.500,00 €
			Balance		59.096,24

Tracy explains that, as agreed in the BoD meeting, the exchange program will be named from now the "Mike English Exchange Program", in memorial to the ASPC past President. Moreover, he clarifies that Josep Escoda attended the Inaugural Congress of the Association of Sport Institutes in Asia, to follow up the ASPC relations with that Continent. The balance also includes an additional amount for the Durban's Forum organizers to ensure quality of speakers, as well as a sum for the logo upgrade. Tracy makes a motion to approve the budget. Seconded by Marcus and carried.

4.2. Exchange program. Alex explains that an amount of 4.000 € was approved to support two speakers for the Africa Continental meeting to be held this year.

4.3. Continental reports. Circulated in advance and attached to these Minutes.

4.4. Committee reports

4.4.1. International Relations.

- ASPC-IOC Strategy is going forward
- Asia relationships: Josep Escoda attended the Inaugural Congress of the Association of Sports Institutes in Asia (ASIA) held in Tokyo on March 15th and 16th. Takashi Kawahara, now Director of JISS

introduced Josep to Mr. Takeshi Kukidome who has been proposed to become the Asia Representative of the ASPC and accepted by the Board of Directors.

4.4.2. Governance

- The By Laws approved in Puerto Rico have been reviewed and are ready to be registered
- Tracy explains that a succession plan is needed, because some members of the BoD won't continue for several reasons. He encourages members to get involved and declare their intentions when the new process is open.

4.4.3. Marketing.

- **Logo.** When developing the logo for the Forum in Durban, the designer realized that the ASPC logo looked poor and not clear enough. Therefore, a suggestion is made to work on the development of a brand policy and a logo upgrade. For that reason an amount of 1.500 € has been included in the annual budget for the branding bible and potential update of the current logo. The final decision must be approved in Durban. In the meanwhile the logo will change to the one below.

ASPC IDENTITY DEVELOPMENT - EVOLUTION
ROUTE 12



- **Website/database.** The database has been adapted at the website and already running. Josep shows how the search engine works and explains that a weather link has also been included. The service is only for members. It is necessary that all the centers have their information updated. A Database Web site session will take place at the end of this meeting.

4.5. New members. Joined members after Puerto Rico 2015. Regarding the new members, two new members have joined after Puerto Rico: Hit Alpinea Kranjska Gora, Slovenia and Olly Andrews as individual member.

5. ANNUAL PLAN 2016-2017. Dale Henwood, President shows and explains the annual plan 2016-2017, as follows:

- 5.1. Committee Structure. The Committee structure will continue as approved in Puerto Rico: International Relations, Governance, Marketing.
- 5.2. ASPC-IOC Partnership Strategy (7 Year Plan). The ASPC Board met last Wednesday in Lausanne with the Department of Sports and the IOC Olympic Solidarity to continue collaborative discussions initiated last

year. The IOC is recognizing the ASPC as a partner and the framework of collaboration agreed extends to collaboration in the ASPC Forums and other areas of the Centers related to training coaches, online course or initiatives on dual career.

- 5.3. Mike English Exchange award. As mentioned in the point 4 of these Minutes, the exchange program will be named from now the Mike English exchange award, in memorial to the ASPC past President, who passed last January.
- 5.4. Assessment tool – next steps. The self assessment tool, has been tried in Holland, Finland and Canada. By means of this tool the ASPC can help centres with their governments or sponsors.
- 5.5. Web Upgrade/Database. It is strongly reminded that all members should keep their information correct and updated, so that the database engine can work properly and be useful.
- 5.6. Research. Two projects running this year: **High Performance Training Centre Capacity Survey** by Peter G. Davis, PhD (Colorado, USA – President of the Sport Performance Management) and Dale Henwood (President and CEO of the Canadian Sport Institute Calgary) and Provision of Guidance for the Development of a Sustainable, Cooperative and **International Anti-Doping Training Programme for High Performance Officers and Coaches** by Sergio Lara-Bercial (*ICCE Manager for Strategy and Development*, Professor Susan Backhouse and Dr. Laurie Patterson (*Leeds Beckett University*). Other projects are coming soon.
- 5.7. 2017 Forum. The web of the Forum 2017 in Durban will be available soon. Brendon Goodenough will make an update later on.
- 5.8. 2019 Forum process. The President informs that we are looking to hold the 2019 Forum in Japan in conjunction with ICCE, but nothing is confirmed yet. Marcus Freire offers to help with ANOC if needed.

6. EUROPEAN FORUM UPDATE. Alfonso Sanchez Bernard from CAR Sierra Nevada informs about the European Forum, which will take place in Sierra Nevada (Granada-Spain) on October 4 to 7. The motto of the Forum has been decided as “The athlete, the centre of the centres”. Dual career will be a strong topic.

7. DURBAN FORUM UPDATE. Brendon Goodenough gives updated information about the organization of the 2017 Forum. Dates: August 23 to 27. Some teasers printed in three languages are given to the attendees to be delivered in their organizations.

8. CLOSING

- 8.1. Fidelity plaques of members. Two fidelity plaques are delivered to Narodne Sportove Centrum, Slovakia and AIS Europe.
- 8.2. Afterwards a gratitude plaque is given to Manu Praz, Haute École Fédérale de Sport Macolin for the organization of this General Assembly.

9. ADJOURNEMENT. Tracy makes a motion to adjourn the General Assembly. All in favour.

10. Round Tables 2:00pm – 4:00pm. The attendees divided into two groups to discuss:

- A. How can the ASPC better help you and your Institute? What ideas do you have that would allow ASPC to better assist you locally?
- B. What do we have to do to engage non-member centers in your country? Other countries?
- C. Provide an update on the "state of sport" in your country or in your Institute. What are 1-2 new ideas/programs that you have introduced? Do you have a new area of specialization or area of interest?
- D. What is the "next big challenge" for high performance sport and Institutes specifically?
- E. Self Assessment tool – refinement of the tool? Missing elements? Value of tool? How can this help make you and your Centre better? Next steps for the use of this tool?

10.1 Summary and Contributions

GROUP A (HOW ASPC CAN HELP)

MACOLIN : Access to Olympic Solidarity Grants for Developing Countries
RIO: Formalize the access to Olympic Solidarity thru the NOCs
JAMOR: Exchange of Expertise in Coaching
GRANADA: Use FORUMS to enrich return to members
RIO: To create a Market group for Sport Suppliers
DURBAN: Use already Benefits from ASPC, Exchange Program
CALGARY: Include More Paralympics
RIO: Job Templates . HERR Code of Conducts
CAR SC: Evaluation team for Developing Centres

GROUP B (ENGAGE NON MEMBERS)

GRANADA: Invite Sport Gov Bodies and Federations to the FORUMS
CHULA VISTA: Centers to become promoters of the ASPC
ALL: Follow with ASIA, INDIA, Pacific Islands and South America
ALL: Keep attraction with relevant contents already in the website

TOPICS OF INTEREST

Brain Recovery
Youngs in Sport
Social Media
DNA Doping
Big Data
Trans Cooperation

Dale Henwood
President

Josep Escoda
Secretary General