



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

Federal Office of Sport FOSPO

SFISM

Swiss Federal
Institute
of Sport
Magglingen

Medical Support for the National Sport Federations

Silvia Albrecht, MD



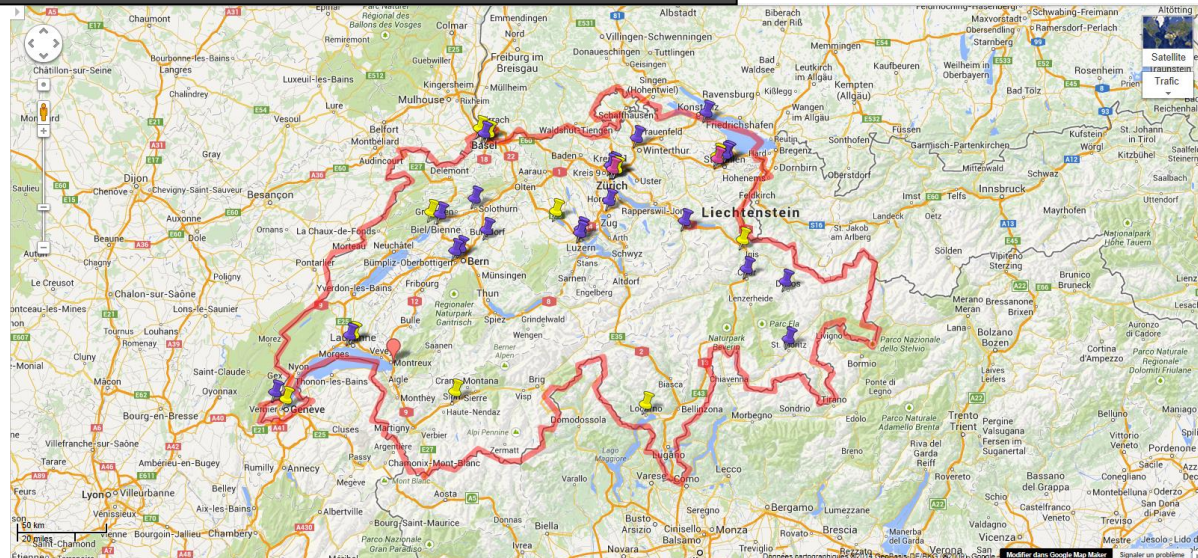


Swiss Olympic Medical Center - SOMC



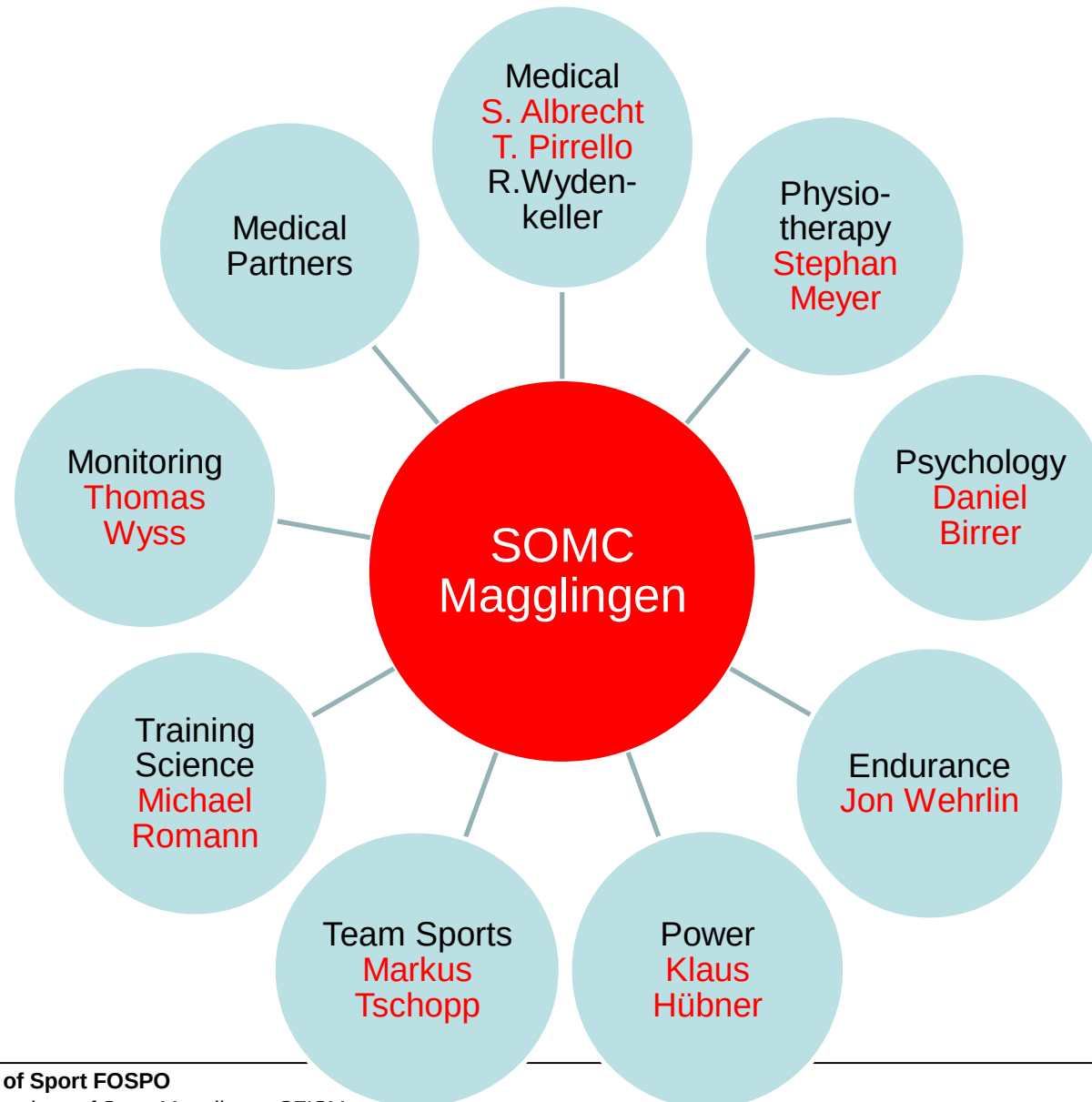
SOMC Magglingen-Biel

14 Swiss Olympic Medical Centers
29 Sport Medical Bases approved by Swiss Olympic





SOMC Magglingen-Biel





SOMC Magglingen-Biel Medical Team



Dr. Silvia Albrecht



Dr. Tony Pirrello



Dr. René Wydenkeller

- Orthopedics and Sports Medicine
- Physical Medicine and Rehabilitation and Sports Medicine
- General Physician



Dr. Martin
Bachmann



Medical Team ↔ Federations

- Chief Medical Officer (CMO)
- Medical Team Member





SOMC Magglingen Medical Duties for Federations

- Medication/ Medical Box/ Antidoping





SOMC Magglingen Medical Duties for Federations

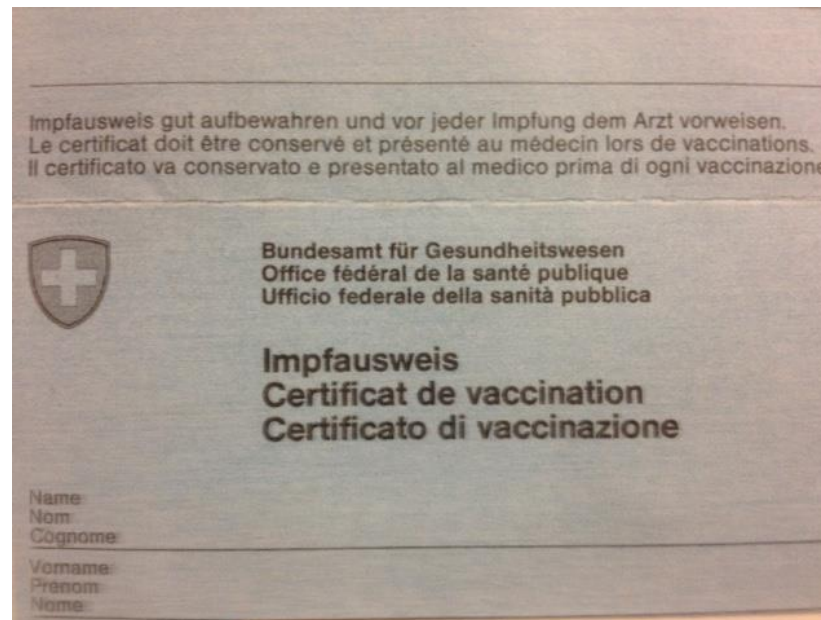
- Medication/ Medical Box/ Antidoping
- Allergies/ Nutrition in other countries/ Food contaminations





SOMC Magglingen Medical Duties for Federations

- Medication/ Medical Box/ Antidoping
- Allergies/ Nutrition in other countries/ Food contaminations
- Vaccinations/ safe travel/ jetlag





SOMC Magglingen Medical Duties for Federations

- Medication/ Medical Box/ Antidoping
- Allergies/ Nutrition in other countries/ Food contaminations
- Vaccinations/ safe travel/ jetlag
- Sudden death prevention
- And others





SOMC Magglingen Medical - Focus



The performing Athlete





SOMC Magglingen Medical - Prevention

PHE – Periodic Health Evaluations



INTERNATIONAL
OLYMPIC
COMMITTEE

**The International Olympic Committee (IOC) Consensus Statement on
Periodic Health Evaluation of Elite Athletes**
March 2009

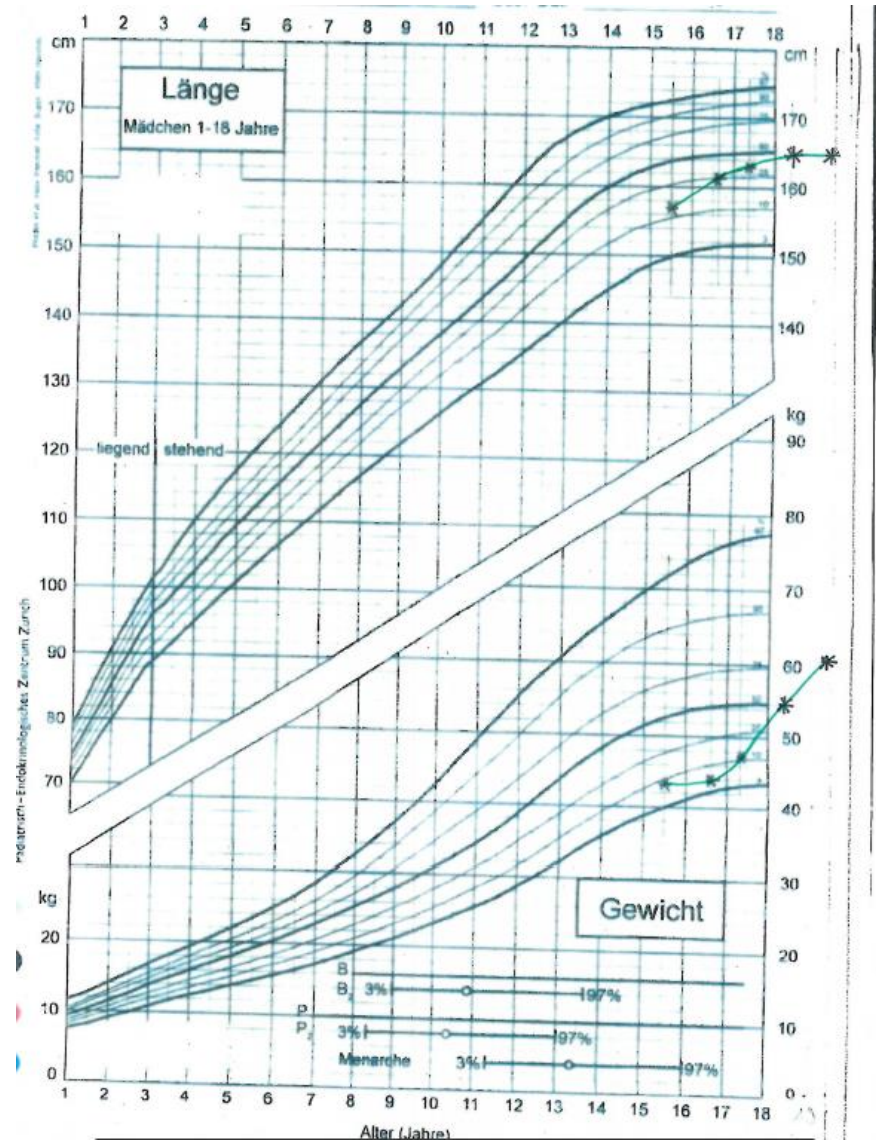
LJUNGQVIST Arne (Sweden)	Chairman, IOC Medical Commission
JENOURE Peter (Switzerland)	Coordinator PHE
	Associate Professor of Sports Medicine Basel and Neuchâtel
	Member of the IOC Medical & Scientific Group
	Member Interfederal Commission FIMS
ENGEBRETSEN Lars (Norway)	IOC, Head of Scientific Activities
	Head of the Norwegian Sports Medicine Centre, University of Oslo
	Co-Chair, Oslo Sports Trauma Research Center

Monitoring



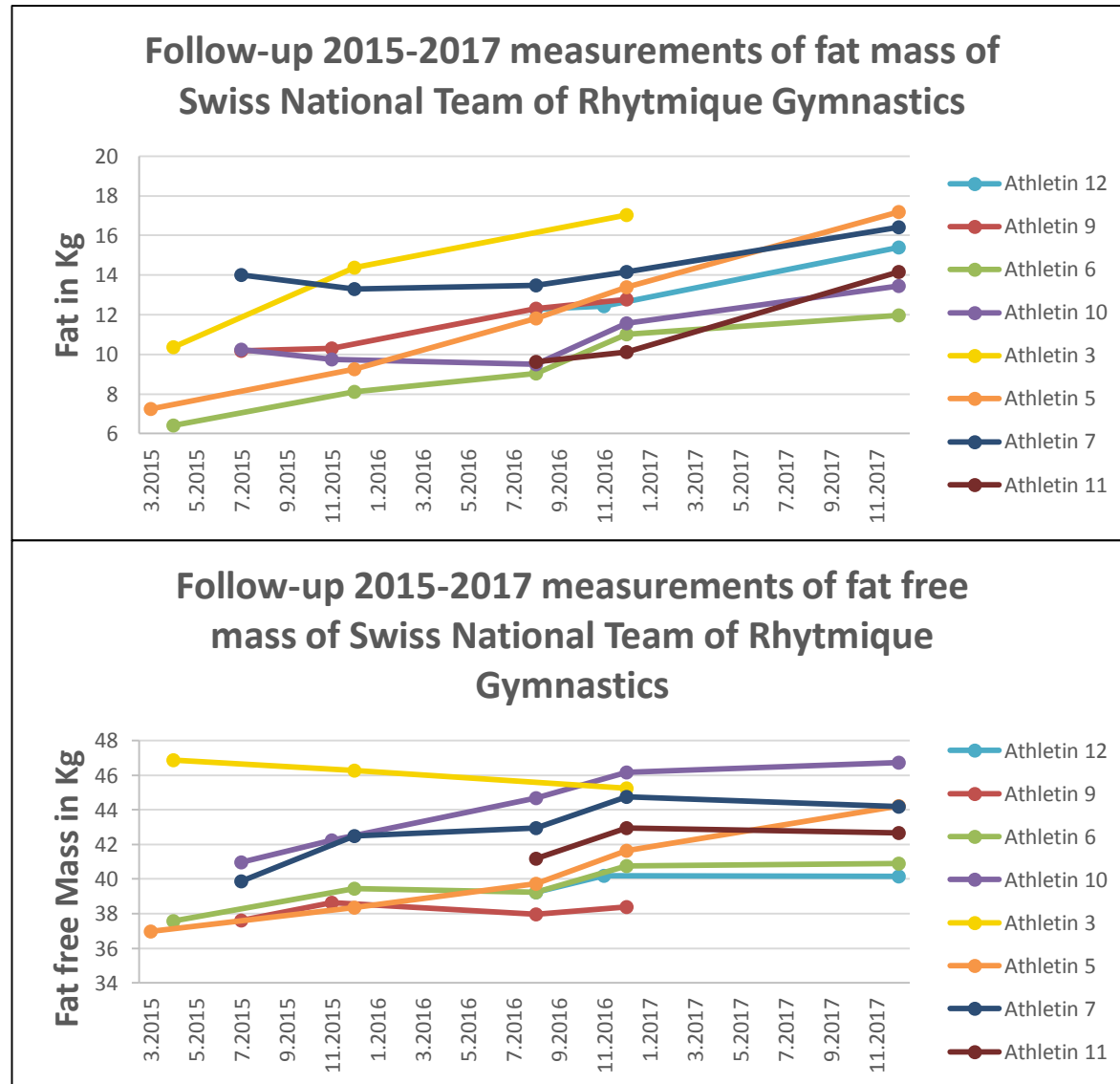
Prevention: PHE and Monitoring - Example

Rhythmic Gymnastics





Prevention: PHE and Monitoring - Example





Thank you for your attention





Questions

